

HEADMASTER'S WELCOME

The Spring Concert last weekend did not disappoint, with an array of groups, bands and soloists delivering an uplifting and joyful concert. More pupils performed at the 'Concert and Cake part 2' on Wednesday evening, continuing the high standard of musical entertainment. The Fourth Year's interpretation of Lord of the Flies, which I saw last Friday at the end of their run, was a tour de force. Menacing, intense and utterly mesmerising, the pupils portrayed the shock and horror of the story terrifically well with help from some wonderful effects and creative staging - well done to all involved.

On Tuesday, we welcomed more than 200 guests from a range of schools to the PAA for a wonderful Career Cluster event on Finance, Accounting, Management and Economics careers, with three panels of guests sharing their various experience and insight, including a good number of former pupils. Thank you to all our panellists, and to Miss Rhodes and Mr Edwards who put on such a successful and informative evening.

Our debaters are celebrating their victory in the regional English Schools Union Debating finals, meaning that they will 'argue on', representing the school in the national finals later this



Our popular Careers Cluster Event on Finance, Accountancy, Management, and Economics earlier this week.

year. Congratulations to them. Some of our mathematicians are also recognised in the newsletter following their success in UKMT maths challenge competitions, including the British Mathematical Olympiad - this places the students among the best performers in the whole country. Grace shares her experiences on a recent prestigious 'Cyberfirst Defenders' course she completed. The newsletter also contains a range of other updates on trips and society events, book reviews from pupils, reminders of forthcoming shows and events.

Our pupils' efforts on the sports front continue to impress, with our U14 and U16 girls away this weekend at the Netball National Finals - we wish them the very best of luck. Recent results - with reports within - see our 1st XI continuing in impressive style through national competitions, and some impressive performances from U12, U13 and U15 teams in competitions, as well as a competitive block against Scarborough College.

Dr Huw Williams

YARM ARE REGIONAL DEBATING CHAMPIONS!

This Tuesday, Simmi, Brooke, Sara, James and I had the opportunity to take part in the regional ESU finals. It was an exciting evening full of many different styles and approaches to the art of debate. Hosted by Allerton Grange school, we got a warm welcome as part of a group of six schools who had made it to this stage. Having observed the first debate on the use of anger in social movements, we debated against Malton School on the motion 'this house would have a compulsory national DNA database'. Arguing for the motion, Brooke opened with in her typical calm and collected manner, proposing that medical benefits outweigh any issues on privacy which could be raised. Malton challenged this, arguing that the threat of our data being lost, sold or stolen would be too great, yet this was well rebutted by James. James

argued for the greater justice which could be served by the DNA base and, although Malton attempted to counter this with an argument about the state of our prison systems, James effectively shut this down by showing that reform of the prison system is a separate issue.

In the debating format, audience questions follow the initial four speeches, and a range of challenging ideas were raised from the floor. After a particularly witty speech from Malton's third speaker, Simmi made a confident summary of the whole debate and answered all the audience's thoughts with great skill. She approached the opposition's arguments with intellectual honesty, and dismantled their key objections methodically.

Playing the role of timekeeper for the



competition, I was able to speak to people from the different schools and had a great time watching and asking questions to the competing teams along with Sara. Overall we were thrilled to learn we are through to the national finals! When getting feedback it was commented that it was our teamwork and integrity which swayed their decision, as well as our confident delivery with minimal reliance on notes or reading. We are so looking forward to nationals and are excited to start preparations.

Morven Hawthorne, Upper Sixth

MATHS CHALLENGE

Yarm school pupils have been enjoying success again in a variety of UKMT Maths Challenge competitions. Three outstanding Mathematicians were invited to take part in the British Mathematical Olympiad earlier this year; Keya Shah, Patrick Winters and Abdelrhamen Ellidir. This was a gruelling three hour challenge of writing clear solutions to tough mathematical problems. The results are now in and both Patrick and Abdelrahmen received Merit

certificates and Keya achieved a Distinction. This puts these three among the best young mathematicians in the country. A much larger cohort took part in the Intermediate Maths Challenge at the end of January. 107 pupils in from Third year to Fifth year took part in the competition achieving 16 Gold, 48 Silver and 75 Bronze certificates. Well done to all those who put themselves forwards for an hour of tough mathematical

thinking with such success. 10 pupils also qualified for the follow on rounds which take place on 21st March. Good luck to all!

Mrs K Barnett



SIXTH FORM ATTEND CONFERENCE

To enrich our understanding of topics in our A-Level course, we attended the annual Candle Conference hosted by leading philosopher Dr Peter Vardy. The conference was immensely helpful, both as revision and for wider learning outside of the classroom.

Dr Vardy was able to offer a new perspective on core topics such as The Nature of God, Liberation Theology, Christianity in relation to other religions, and Secularism. In

addition, we received some advice on exam technique that, for members of the Upper Sixth, will be invaluable when it comes to writing our exams in three months' time.

Jenifer Umashankar, Upper Sixth



RPE VISIT

On Friday 9th March, we had a group of visiting Americans who were visiting Tees Valley Church, come to Yarm School to participate in discussions about Christian beliefs and practices and philosophy and ethics.

They carried out a series of talks and workshops throughout the day with a number of different year groups. The pupils raised some fantastic questions and enjoyed lots of discussion and debate.

Mrs S Lodge



CAREERS IN FINANCE

And to coincide with this week's Career Cluster event you may find this offering from Success in Schools helpful, it is their [Careers in Finance booklet](#). As you will read it primarily focuses on careers in Banking and Finance, as well as Accountancy, and covers advice in terms of university vs apprenticeship routes, necessary skills and helpful subjects.

Mr S Edwards



WORKING LUNCH



The return of the U6 from Mock Exams meant a return for the FAME Working Lunches - This week we were delighted to welcome FP Michael Lister (Class of 2018) for a Google Meet session.

Michael, a former Chair of the EcoBus Soc, left Yarm to read Economics and Management at the University of Oxford. He now works on the London Trading floor of French Investment Bank BNP Paribas, as a Foreign Exchange Salesperson. He covers Hedge Fund clients for both developed and emerging markets FX across spot, forward and option products. He has been in the role for ~1.5 years, prior to which he was on the bank's 1 year long Global Markets Graduate Programme.

Michael explained what his job actually entails, gave advice on securing similar graduate roles and expounded the benefits of internships. He willingly answered a plethora of questions and we are grateful for his openness and candour, and for being so generous with his time.

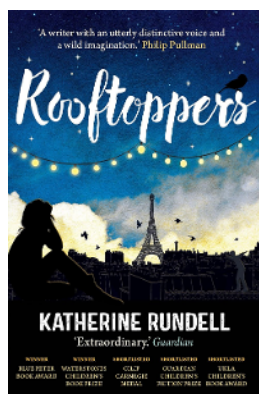
Miss C E Rhodes

WORLD BOOK DAY: BOOK REVIEWS

As part of our World Book Day celebrations, pupils in the Library Leaders activity and students from Second Year (as part of their reading log work) wrote some mini-reviews of novels they have recently enjoyed.

Ms Blakemore and Mrs Dugdale

***Rooftoppers* by Katherine Rundell**



Katherine Rundell's 'Rooftoppers' was a really moving novel with a nice theme of never giving up. The story is about

Sophie- who is on a quest for her mother in Paris. Having been found in the sea as a baby in a cello case, she now wants to seek her unknown mother. Together, she and her adopted father travel to Paris. Sophie soon meets a boy called Matteo and they accompany each other while climbing roofs- hence why the novel is called 'Rooftoppers'.

Sophie is such a strong character with a determined nature that has defined her as a whole; this is one of the many reasons I love this book. Another reason for my choice is that I love Katherine's Rundell's style of writing; it is complex yet interesting, and pushes my reading without being too difficult. I definitely recommend this novel if you like adventure.

Janaki Madhavan, First Year

***A Song for Ella Grey* by David Almond**



"Compelling yet disturbing, this is a perfect marriage of myth and modern story." A beautiful, engaging storyline

expressing Ella's true love for the mysterious figure, Orpheus. Based on the Greek myth of Orpheus and Eurydice, this compelling story brings the extraordinary into our 'normal' world.

Ella, a dreamy seventeen year old, has been best friends with Claire, the narrator of the book, since they first met on their very first day of school and therefore knows and understands Ella like the back of her hand. So when Ella starts disappearing with Orpheus, an ambiguous character, Claire knows something is up and can sense that something bad is going to happen, despite Ella's attempts to persuade her that everything is fine.

Ordinary as they may have seemed at the beginning of the book compared with later scenes: the magical opening of the group of friends playing instruments and having fun by the sea is definitely my favourite

part of the book. They are truly extraordinary and add a touch of magic. While the ending deeply upset me as I would have liked Claire and Ella to be reunited, I thoroughly enjoyed this read and would definitely recommend the novel. The ambiguity creates a sense of tension and discomfort, hooking me as a reader into the book and compelled me to find out more. I particularly liked that Orpheus was a very unknown character, who was mysterious; yet all the characters seemed to fall for him. Almond's characters also heightened the tension and excitement of the book.

Overall, this book was very well written and I would absolutely read it again. I would highly recommend this to young adults (12+) as the storyline is quite mature and therefore younger readers may struggle slightly with the content.

Compelling yet ambiguous, this story is a true and genuine explanation of the modern teenage stresses of exam results, school, romance and leaves behind all the stereotypes of teenage books, mirroring the characters of the Greek myth. I cannot recommend this highly enough, so I am going to rate this five stars for its exciting and entrancing storyline and magical use of language.

Eliza Fellows, Second Year

WORLD BOOK DAY: BOOK REVIEWS

The Final Gambit by Jennifer Lynn Barnes



The best mysteries are the ones that you can try to play along with and 'The Final Gambit' is one of those.

In this novel (the third and final of the series) Avery is just weeks away from fulfilling the terms of Tobias Hawthorne's will and inheriting billions. However, a familiar face arrives at Hawthorne house with shocking news. Soon Avery and the Hawthorne brothers are drawn into a deadly last game against an unknown and powerful opponent. One last game. One more player. One final twist.

In my opinion, the most intriguing character is Grayson; a seemingly broken boy, wracked with guilt from the true horrors in his past, and rejected yet again from a girl who chooses his brother. He continues to risk his life for her, even though he knows she cannot choose him. More and more painful secrets are revealed and Grayson is hurt by another mistrusted friend. Grayson's pain throughout this book makes the reader desperately aware

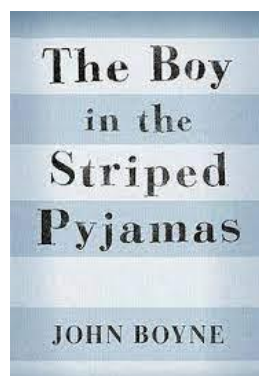
of what he has been through and we feel truly remorseful for him.

Perhaps the most exciting moment in this novel is near the very end, when Avery must play chess to save her loved ones, but Jennifer Lynn Barnes cleverly uses tactics to make Avery seem weaker than she was. As a result, those who underestimated her would pay the price in the end.

A thrilling blend of family secrets, high stakes and confusing puzzles, twists and turns in unexpected places and heartwarming moments that draw you in. It is definitely a book that I would recommend to any teenager.

Edie Redhead-Sweeney, Second Year

The Boy in the Striped Pyjamas by John Boyne



The best books are the ones you have to re-visit before turning off your light to go to sleep and although an unsettlingly narrative, 'The Boy in the Striped Pyjamas' does just that.

This book is set around the Jewish concentration camp "out-with" and all of the heinous things that

unfolded "behind the fence" during World War Two. It shows the struggles of an eight year old boy Bruno adapting to life in a house "miles" away from the camp and what a different story Bruno could have had if he never let his curiosity lead him to the fence. Out of the gate. Out of his mother's reach.

As Bruno arrives at the house, that soon becomes his home, there are various jobs to be done like folding laundry and "peeling potatoes" all other people's problems to deal with. This is how we first meet Pavel, delivering a cart of fresh vegetables in a pair of striped pyjamas and terribly worn out shoes, looking like a scarred damaged man: he immediately caught my attention. I won't share too much of Pavel's story except that he can only be described as a kind hearted soul undeserving of the things he is put through. The more you dig, the further you get to the focus of Boyne's story.

This is a dark unsettling true story showing one experience out of the many that suffered at "out-with". One moment that really encapsulated the concept of the novel and all of its heart wrenching hints and moments was when Bruno put his hand next to Shmuel's (a friend over the fence) and proceed to point out the differences between

WORLD BOOK DAY: BOOK REVIEWS

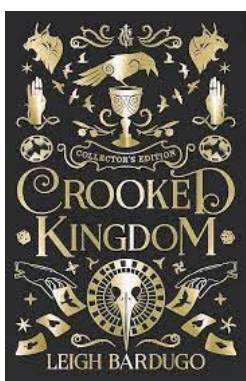
their hands . Whilst Shmuel's were "skinny and stick-looking...dying twigs", Bruno's were" fat and healthy". That is not even what hit the hardest - it was when Shmuel couldn't give an answer as to why his "twigs" looked the way they did except that,"everyone on his side of the fence has hands like him ;this suggests Shmuel believes it is normal to be able to see every last line and fine detail and that Bruno is the strange one.This particularly upset me because why are two boys the same age so different all because of one fact in their life- the creed their parents followed.

As highlighted, 'The Boy in the Striped Pyjamas' is a horrific novel and while many may like to face the harsh reality of it , I would not recommend the novel for anyone below the age of ten as it may upset many and the themes seem a little too hard to follow in parts . I would however recommend for all ages above this as I believe it is an eye

opening classic that everyone often asks whether I have ever read, and now I can say I have.

Annabelle Kyle, Second Year

***Crooked Kingdom* By Leigh Bardugo**



'Crooked Kingdom' is one of the best books, so good that it can, and will put you in a reading slump because you can't bring yourself to move on.

This book, full of plot twists, and adventures, follows the story of Kaz Brekker and his crew on a dangerous journey... a journey that could get them more money than you could ever imagine. However, what happens when it starts getting personal. This is especially shown with Kaz Brekker.

This way Leigh Bardugo presents this character through his and others' point of view is compelling. It shows his difficulty to convey emotions. The turmoil grappling in his head (as shown by his point of views) makes you feel empathy for him, causing you to forget that he is fictional. Others see him as cold and heartless making you less sympathetic and often disappointed in his actions. This is shown when Inej, a member of his crew, tries so hard to break his facade. She is unsuccessful and when she leaves- his mask cracks and he is left with a feeling of regret.

'Crooked Kingdom' may be considered long but every sentence in the book is intriguing and exciting. Following the lives of six mistreated people who become each other's family. You should read this book to learn about the importance of friendship, love and trust.

Lucia Chahal, Second Year

FOURTH YEAR

This week, Fourth Year were invited to take part in study skills workshops, building on the Learning Performance sessions they completed in the Autumn Term. They explored topics including

active revision strategies, study planning and stress management. Putting into practice what they learned in these workshops would be a great next step for all Fourth Year pupils, helping them to prepare

effectively for their end of year exams and to get into good study habits in plenty of time for their GCSEs.

Mrs E Bridle

CCF REPORT - CYBERFIRST DEFENDERS COURSE

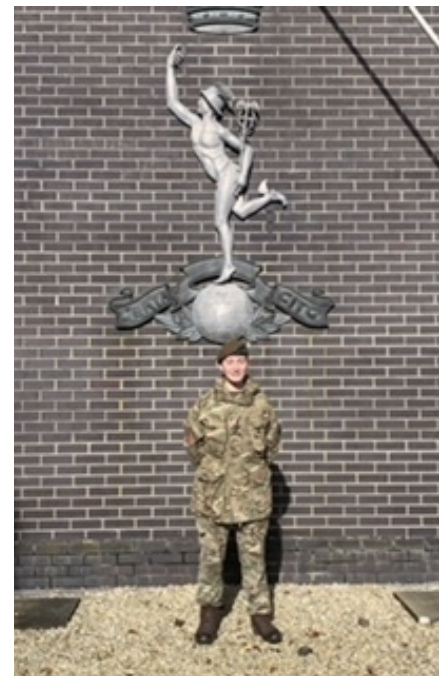
For the week before half term, I was down in Dorset completing what the Army Cadet Force calls 'one of the most mentally strenuous courses they offer'. After the seven and a half hour drive down to Blandford, I met the other fifteen cadets on my course. After getting to know each other we took a tour of the barracks and finally went to our rooms - which was only 4 to a room. We were brought back to 4 Signals Squadron where we were briefed on how the course runs and how we should conduct ourselves for the week - including marching everywhere, saluting the officers, and always being polite to the phase 2 soldiers and regular staff at the camp.

From Sunday to Thursday, we had morning lessons spanning from 9-12, afternoon lessons from 1-5:10, and evening lessons from about 6 - 8:30.

Each day we had multiple labs to complete - they were pretty much a program that let us put the theory we learnt into action. There were about 30 labs we completed ranging anywhere from the analysis of cookies and what they do, all the way to how quickly and easy our passwords can be hacked - it was nice to find out a computer could crack one of mine in less than 5 seconds! Some of my favourite moments from the week would include having sleepovers with the girls in the other room, trying to make pancakes in a microwave with nothing that we could actually use to make the pancakes, another contender would be when a Robin got into our washroom and we forced poor Abi to go in and get it out, and then when Sergeant Major said that he would run for office to save the turtles only to eat them.

Truly this experience has given me some insight into military life, and I can't wait. It was a wonderful week with lovely people and incredible staff. This has shown me the reach of the cadets and how fortunate I am to be able to be a part of the CCF. Without the CCF, I would never have had this opportunity to meet people from across the country.

Sgt Grace Harbinson, Lower Sixth

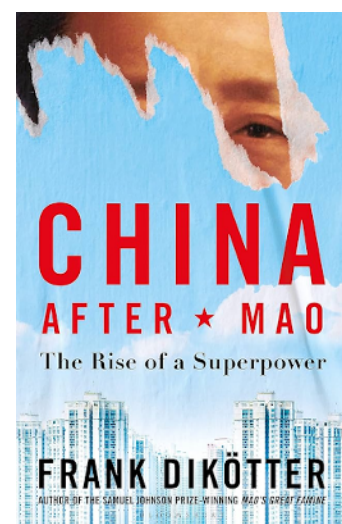


POLITICS BOOK REVIEW: CHINA AFTER MAO - FRANK DIKÖTTER

I recently read Frank Dikötter's 'China After Mao: The Rise of a Superpower'. Alongside being a Politics student, I am a History student, so I was curious about how those two subjects could connect in the context of Mao's China, which I had started studying, and the global power it has become only 80 years later. A few of the many topics Dikötter covered over his 50 year overview, after Mao's death, caught my interest; the economic cycle they fell into, the ever-lasting impact of Mao on the government, and the both immensely public and secret rebellion in China.

I can't call myself a person who understands economics; in fact there were many pages full of tax rates, inflation rates and economic planning that I slogged through without understanding a word (or rather a number) of what was happening. Yet what was clear, and particularly emphasised by Dikötter's immense research into a wide variety of government documents and other sources, was the amount of failure the Chinese government faced. It is astounding just how often the projects, fuelled with billions yuan, fail - leaving thousands of unfinished buildings, dilapidated factories and abandoned shopping malls all across the country

- but almost equally astounding just how the Chinese government refused to give up on these ideas led by a blind hope. Linking back to Mao's time in power, it was almost reminiscent of the Great Leap Forward, a radical economic plan by Mao in 1958 to quickly upgrade the agricultural production to feed the rapidly growing industry ending in the Great Famine (also a topic which Frank Dikötter has covered in his book by the same name) mostly due to Mao's ignorance of reality. It makes it seem impossible that China has emerged as such a powerful country, with such a vice-grip over the global market, from such an isolated country that almost struggled to feed its population in the late 1950s; however the few policies that were decently successful like the economic zones, zones that allowed for American companies to set up and sell in China, got China the support it needed from other powers like America, creating a cycle of a failing policy getting supported by America until China was able to build a ground for itself and appeal to many other countries with their abundant, cheap labour. While Mao perhaps has lost some of his prominence in the Western World (if someone asked you to name a Communist leader, you'd



probably say Stalin instead), however he's become an ever-present shadow of the Chinese government. Mao purposefully built the CCP to be full of his supporters, by removing opposition with the frequent purges like the Cultural Revolution, and built an importance on himself with his personality cult - putting future Chinese leaders in a difficult position. If they didn't follow Mao Zedong Thought enough, they were dismissed by the party as being too 'Right', and if they followed it too closely the public would grow even more distasteful of the revolution which had fallen into an ambiguous state after Mao's death. Mao had put himself in such a revered place that every policy and idea needed to fit his thoughts, no matter how old they were, but had also become a revenant of the party as they struggled to break out of the problems he faced - clear enough on the economic side of things - so most

POLITICS BOOK REVIEW (CONT.)

had to fit the mould that Mao created despite never being able to live up to his standards, something very interesting and unique to the Chinese revolution as most extremist leaders have either been removed before there is a second leader or have changing views and roles as leadership is passed on (like the differences between Lenin, Stalin and Khrushchev). Purges were not lost to the passage of time either, perhaps used even more frequently in recent years but maybe never to the extent Mao used them to reassert his authority; both were about maintaining their power and position, a problem only worsened by Mao's death as there was no clear interpretation of his values placing the following leaders in a vulnerable game of building their own authority around a certain interpretation only for that trust to be lost too quickly. The protests of Tiananmen Square are still haunting photos that we remember today, perhaps so much so because they were one of the first views into the horrors of the Chinese revolution that the wider world had previously been barred from. Frank Dikötter goes into immense detail about the context, the causes, the events, and the consequences (both in China and more widely) that the protests had and is genuine part of

why I'd recommend this book if you are curious about it - after all, Tiananmen Square was not an isolated incident, its roots spread far back into its Communist history and many similar, if smaller scale, events happened both before and after. As someone who was studying the early years of Mao while reading this, it really helped contextualise one of the largest problems Mao faced, that being the battle against intellectuals with movements like the Hundred Flowers Campaign, designed to empower intellectuals to combat bureaucratism in the CCP, and the following Anti-Rightist Campaign, a counter-movement to the Hundred Flower Campaign to remove the power of intellectuals as they started to criticise Mao. Intellectuals had consistently been a thorn in Mao's side, and no doubt a worry for both him and all of the leaders that followed. It doesn't take much to start a fire, and if Tiananmen Square was that fire, it does perhaps explain why the government reacted so harshly to it - but doesn't absolve them of guilt for how poorly they handled the situation. Yet, not all dissent to the CCP was this vocal or even known, and Frank Dikötter's research helped uncover a secret blackmarket that had been running for almost the entirety of the CCP's

time in power; often household items and excess food were banned for being seen as too 'Right' or bourgeoisie and a distraction to the people who were expected to work almost constantly to meet their quotas but this blackmarket helped keep trade alive as the state-controlled market broke constantly and the yuan lost its value several times, due to the economic policies mentioned before. This review only scratches the surface of what 'China After Mao: The Rise of a Superpower' has to offer and the amount of work and research Frank Dikötter put into writing this; if you are interested in Mao's China and how that has affected China into the modern day, I would recommend it. As someone studying Mao's China in History, I think it has enriched my learning a lot to see just how long-lasting some of these problems are, such as the economics or the fight with intellectuals. From a more political stance, I also think it is an interesting read into the inner workings of a political system very different from our own and the societal impacts of that, particularly with the amount of corruption fostered by Mao that was inescapable for most of those who followed his footsteps.

Ava Carter, Lower Sixth

YARM SCHOOL ASSOCIATION
PRESENTS:



CASINO ROYALE

SUMMER BALL 2024

SATURDAY, JUN 15TH

7PM - LATE

THE PAA

EARLY BIRD TICKETS JUST £75 FROM CLASSLIST
TICKETS SALES GO LIVE ON 15TH MARCH 2024



Yarm School Choral Society, Festival Chorus and Yarm Senior and Prep School Choirs
accompanied by the world famous Black Dyke Band present:

SATURDAY
23rd MARCH
2024
at 7pm

*The best brass band
in the world*
SIR ELTON JOHN

*Each new generation of
fleet-fingered cornet and
euphonium virtuosos add
another layer of
jaw-dropping achievement*
THE TIMES



SATURDAY
23rd MARCH
2024
at 7pm

*The best brass band
in the land*
SIR PAUL McCARTNEY

*...Virtuosity of this order
takes the breath away*
THE TORONTO STAR

*The set of the Festival
(Glastonbury 2017)*
THE GUARDIAN

George Frideric Handel's
MESSIAH



Tickets are £15/£10 and are available from www.thepaaonline.org
or by calling the box office on (01642) 792587



SATURDAY 27TH APRIL, 2024, 7.30PM

TICKETS: £15 & £10 (CONCESSIONS)

TICKETS ARE AVAILABLE AT THEPAAONLINE.ORG OR BY CALLING THE BOX OFFICE
ON (01642) 792587




YARM SCHOOL
EDUCATING FOR LIFE



PRINCESS ALEXANDRA
AUDITORIUM

THE
WILDCATS
OF
KILKENNY
SINCE 1991

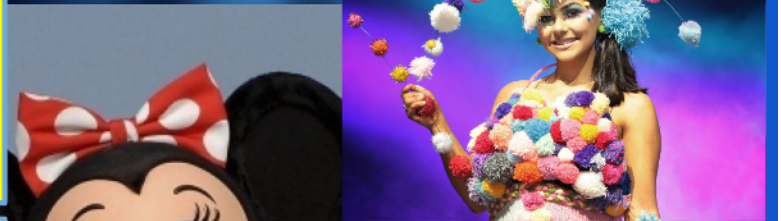
Disney

Inspired

Recycled Garment Competition



Products will be worn
Tuesday 23th April
Fashion Show
Senior School PFAA - 6:00pm
(tickets not required)
See Ms Jackson for details



Garments
constructed from
unwanted materials.

Judging Criteria:

- Use of the Disney theme
- Quality of the product
- Originality of the design



OUR 1ST XI REACH THE QUARTER FINALS IN 2 NATIONAL COMPS

Yarm 4-1 Manchester Grammar (ISHC Last 16)

Yarm hosted MGS in the last 16 of the Independent Schools Cup and had home advantage where it is always great to get some support. The opposition have established a strong hockey programme and have some of the best clubs in the north on their doorstep in Bowdon and Brooklands to help develop their youngsters- they also came with a strong game plan.

The phrase 'parking the bus' probably best described their tactics and the Yarm boys really struggled to break them down. There was a flat feel to the opening encounters and Yarm's ball pace was lacking which played right into MGS's half court press. Having said that, Yarm did have some chances and it looked like we might go ahead as Will Ferguson rounded the keeper before miss-hitting a trademark 'Argie' into the side netting.

At half time a frustrated Yarm came

in at 0-0 but stepped it up considerably in the 2nd half. After a number of other chances, Timmy Foley opened the scoring- the first of three goals. There was a sense of relief as Yarm looked to take control but this fell to pieces instantly as Manchester quickly equalised- stress levels were high. However, the Yarm boys pushed hard and the magnificent Max Mowbray dominated in midfield creating chance after chance and Will Ferguson and Foley added more goals to take Yarm into the National Quarter Final and an away game at Solihull to be played next week.

Yarm 5-1 Ellesmere (EH Cup Last 16)

Played a day after the Manchester game, the concern was some very tired boys struggle against an Ellesmere team who had travelled up from Shropshire. We needn't have worried- this was perhaps the finest Yarm performance of any 1st Team to date. Will Ferguson opened the

scoring from close range and followed up not long after with a strong run and trademark 'Argie'.

Eddie Carter was superb in the middle and knitted the Yarm team together superbly well. The pace through the back 4 of Tom Graham, Oscar Thomas, Finn Davie and Joe Roberts was much sharper and this led to a much improved all-round team performance. The in form Timmy Foley added another 3 to his ever increasing total, the 2nd of which included a whole team passing move before Foley unleashed an Argie from a ridiculous angle.

This was a great week of hockey for our 1st Team and to be in the National Quarter Final of two competitions is a magnificent achievement. They now host Altrincham Grammar at home next Wednesday afternoon.

SPORT WEEK AHEAD

The weeks ahead are now available online. You can [view them here](#).

UNDER 12 - NORTH RUNNERS UP & NORTH EAST CHAMPIONS

On Friday the 8th of March, Yarm school competed in the north finals where we ended up playing 5 games. Three of these games were in a group stage and we had been selected to play: Sandbach, Scarborough and Kings Macclesfield. We started with an early goal from Wilf Sawyer, smashing it into the corner on his reverse shortly followed with another from Wilf Sawyer flicking it past the keeper. The game ended 2-0 with great defending by Thomas Ferguson and Rehan Krishnamoorthy keeping Sandbach out of our D.

We then played against Scarborough which resulted in a dominant 7-0 victory. Eddie took an early deflection giving us the lead then Wilf got yet another reverse hit going into the net. Shortly after, James Callaghan then crossed the ball to Fenwick Mitchell who hit the ball into the top left corner. A few minutes later Fenwick Mitchell flicked the ball into the corner similar to Wilf's goal. James Callaghan then put the ball through the keeper's legs scoring yet another goal shortly followed by Jack Severn pushing it past the keeper. Eddie Shakesheff then carried it to the top of the D and pushed the ball firmly into the bottom corner.

The final group game against King's

Macclesfield was certainly going to be the hardest but we fought hard till the end making it a 2-1 to Yarm. In Yarm school fashion the ball was played round the D eventually to Eddie Shakesheff who once again put it past the keeper from the penalty spot. Kings Macclesfield did not give up and scored a goal which left Yarm disappointed. But Matthew Robson did not give in and made amazing saves minutes later. We did not stop fighting and eventually Seth Tailor pushed it past the keeper from a tight angle for the win.

As we won all our group matches we were in the semifinals with: Kings Macclesfield, RGS, Kings Chester and ourselves. As we came first in our group we played the second in group 1 being RGS. The game started off strong with a short corner injected with precision by James Callaghan then stopped by Wilf Sawyer who slipped it in the D to Fenwick Mitchell as he then put the ball into the corner of the goal. This made it 1-0 and a few seconds later Henry Pugh dribbled down the line then stuck it to the defenders foot in the D, giving us yet another short corner. With the same set up, Wilf

Sawyer stopped the ball and slipped it the other way this time to Fenwick Mitchell again and he flicked the ball past the keeper into the corner. However, the umpires decided that the ball had not gone out the D and gave a 16. The game ended 5 minutes later and that win meant we were in the final- making us North East Champions!

The top 2 teams in the North were us and Kings Chester. From the start we were strong and it was a very even game. 5 minutes in, Kings Chester scored off a Yarm mistake. Another 5 minutes went by and we made yet another mistake causing another goal for Kings Chester. With seconds to go both teams were going all in and fighting for the win but unfortunately Kings Chester got another goal which was very unlucky for the team once again. The final whistle blew and the team was very pleased with 2nd in the north and an overall strong performance.

Fenwick Mitchell, First Year



UNDER 13 - SO NEAR AND YET SO FAR

Yarm 4-5 King's Chester (National ISHC Quarter Final Game)

This was a repeat of the North Under 12 Final from last year which saw King's Chester dominate a 4-0 win against an inexperienced Yarm team. However, what a difference a year makes- the team talk was all about the need for Yarm to be at the top of their game and how the Yarm boys delivered.

King's started strongly and quickly went into a 2-0 lead- the boys struggled with one player but the superb Luke Palmer was up to the task of stopping him and the flow of the game changed. Man of the Match Monty Proctor produced some amazing skills to round the keeper and brought the score back to 2-1. The King's players were just a little more experienced and pounced on a short corner to make it 3-1. However, this is where the game changed as the Yarm boys went up some gears and made the half time score 3-3.

The second half could have gone either way and when Yarm scored another goal to take the lead- the dream of National Finals was there. However, King's came back with a strike from the top of the circle into the top corner. Moving into the final minutes, King's keeper made a

magnificent save and Yarm scuffed a short corner. Unfortunately we conceded another goal with a minute to go which was soul destroying for the boys.

There were many upset youngsters in the match debrief but they can be

proud of the huge improvements made in the past 12 months- another performance like this later in the same week at the North East Finals should certainly give us a chance of reaching the National Finals!

Fenwick Mitchell, First Year



SCARBOROUGH BLOCK

U13A- Yarm 6-1 Scarborough

In the match early on Saturday morning, Yarm under 13s travelled to Scarborough to take on Scarborough collage. At the start of the match, Scarborough collage scored an early opener but the lead was quickly restored by Wilf White, then Rorke Anderson put us 2-1 and then Freddie Birkin scored the third. After half time Freddie Birkin scored again to make it 4-1 and Wilf White scored his second too. Nearing the closing stages of the match, Luke Palmer also scored as the match finished 6-1, a good win for Yarm.

Tom Booth, Second Year

U13B- Scarborough 3-0

They started the first half strong with three early goals from Jake Davidson. Into the second half we struggled to get the ball in the goal. After some great passing play Ayrton Can't manage to put it in. Overall it was a very good match. Yarm were on top most of the game controlling Scarborough.

George Howlett, Second Year

U12B- Scarborough 1-6 Yarm

On the 9th March 2024 the Yarm U12 B team travelled to Scarborough for a friendly Saturday morning fixture. Early on in the match Scarborough won a shuffle that was

expertly saved by the keeper, Sid Suryadevara. Shortly after Scarborough conceded a shuffle which was taken by Ben White. After skilfully taking on the keeper and slotting the ball into the bottom left corner we continued to press awarding us another shuffle. This time George Routledge calmly played the ball through the keeper's legs into the backboard. Then came the halftime whistle. After an encouraging team talk we returned to the pitch. As soon as the second half started, we began pressing Scarborough until we won the ball. Our captain Rehan Krishnamoorthy played a great ball to Ben White who swiftly scored his second goal.

Minutes later, Auden Ashwell won a shuffle which he cleanly defeated the Scarborough keeper extending our lead to 4-0. Unfortunately, Scarborough caught us off guard performing a successful pass into our half. This followed with Scarborough taking on the keeper and successfully finishing the ball into the goal. In the following play George Routledge set me up in the bottom left corner. I 'Argied' the ball to Ben White who exploited the keeper being on the front post by finishing his hat trick. In the following play, we were awarded a sideline where I played the ball to George Routledge who dribbled to

the corner and powerfully crossed the ball to Ben White who deflected it past the keeper. The full time whistle followed as we proudly thanked the other team and celebrated our hard earned victory.

Will Oliver, First Year

OTHER RESULTS

U15- Yarm 1-3 Scarborough

U14- Yarm 2-2 Scarborough

UNDER 15S REACH LAST 12 OF THE NATIONAL PLATE

Yarm 4-0 Bradford Grammar

Yarm comfortably booked a place in the last 12 of the ISHC Plate Comp and a home tie against Rugby School. After a tense opening set of encounters, Yarm took the lead through Ben Bardgett and with goals from Olly Carr and Paddy Key, Yarm came in at half time with a 3-0 lead. After many changes, captain Jude Crack was magnificent in the middle of the pitch as he controlled the game and he added another in the middle of the half. Overall, a solid performance.

MERSEY BEATLES

The world's favourite Liverpool-born tribute to The Beatles celebrate the 60th anniversary of A Hard Day's Night. The iconic 1964 album and movie perfectly captured the Fab Four at their pop peak. And to mark the diamond anniversary, The Mersey Beatles will play the entire A Hard Day's Night album in full – followed by a hit-packed collection of Beatlemania classics. The band, who perform sensational sold-out shows around world, will then take the audience on a fabulous ride through the psychedelic brilliance of Sgt Pepper and The Beatles' later classics. This is a truly unique and stunning live concert experience!

Friday 12th April 2024, 7:30pm

[Book Online Here](#)



LIPSTICK ON YOU

Step back in time to the golden era of music where the jukebox roared and feet didn't touch the floor. Get your dancing shoes at the ready, grab yourself a milkshake and relax – you are in for an evening of back to back hits from the 1950s and 60s!

From the birth of Rock n Roll through to the Beat Group sounds of the British Invasion and beyond, the show is packed with over forty hits from the likes of Connie Francis, Brenda Lee, Buddy Holly, Chuck Berry, The Beatles, The Ronettes, Cliff Richard, Cilla Black and many more.

Saturday 13th April 2024, 7:30pm

[Book Online Here](#)



IRISH ANNIE'S

Meet landlady Annie and her regular madcap customers for a fun night out of comedy and music, featuring original tracks written for the show by Asa Murphy, along with your all-time favourite Irish tunes including Galway Shawl, Tell Me Ma, Dirty Old Town, Danny Boy and many more. The show has audiences laughing, singing, and dancing the night away. Singalong song sheets are handed out to all attending.

Wednesday 17th April, 7:30pm

[Book Online Here](#)



10 Top Tips for Parents and Educators

DEVELOPING HEALTHY SLEEP PATTERNS

Quality sleep is paramount for wellbeing as it impacts our cognitive function, emotional balance and overall health. A World Health Organisation study highlighted that 44% of young people reported difficulty sleeping – potentially affecting their mood, concentration and immune system. Our guide offers expert tips for helping children to sleep more healthily.

1 MINDFUL TECH USE

Encourage a balanced approach to screen time. While phones, laptops, tablets and so on can serve as a helpful means of stress relief, it's advisable to minimise their use right before bed. These devices can keep the mind racing long after they're switched off, impacting how easily and how well a person can sleep.

2 EFFECTIVE SLEEP PRACTICES

Offer practical advice on reinforcing certain habits that have a positive influence on sleeping patterns. Children could start keeping a diary which they add to each evening, for example – or they could use up excess energy by exercising during the day.

3 HYDRATION HABITS

Underline the importance of drinking plenty of water throughout the day, while limiting drinks close to bedtime to prevent disruptions during the night: it's a lot harder to switch off if you keep needing to get out of bed for the toilet. Avoiding caffeinated drinks later in the day also allows the body and brain to slow down naturally, without any chemicals firing them back up.

4 CONSISTENT BEDTIME SCHEDULE

Assist children in developing consistent bedtime routines that tell the body it's time to wind down, promoting a more relaxed state. Establish specific activities for young ones right before going to bed – such as brushing their teeth – to set up an association between that action and falling asleep.

5 OPTIMAL SLEEP ENVIRONMENT

Ensure that the bedroom is comfortable, dark and free from distractions, fostering an ideal space for quality rest. The room's temperature should also be suitable for sleeping – that is, not too hot and not too cold – while rooms should be kept as tidy and free of clutter as possible.

6 RELAXING EVENING ACTIVITIES

Recommend activities that have a calming effect on the mind – such as reading or gentle stretching – in the lead up to bedtime, to prepare the mind for a peaceful night's sleep. Doing something quiet, relaxing and low intensity signals to the brain that it's time to rest and makes falling asleep much easier.

7 PRIORITISING ADEQUATE SLEEP

Emphasise the crucial role of sleep in maintaining physical and emotional wellbeing. It's especially important to sustain a healthy sleep pattern during challenging and intensive periods in our lives: during the exam season for children and young people, for instance.

8 NUTRITIONAL BALANCE

Highlight the significance of a healthy, balanced diet – and its role in establishing a more consistent sleep pattern. Try to lean towards preparing meals with plenty of fruit and vegetables, served in reasonable portion sizes: not only is this a lot healthier, but it also reduces the chances of feeling too full to be comfortable in bed.

9 PARENTAL SUPPORT

Parents and carers, of course, are uniquely situated to support their children in establishing and maintaining healthy sleeping habits. Parents can review their own sleep habits (incorporating anything from this list that they don't do already) to model a balanced bedtime routine and reinforce the importance of self-care.

10 MILITARY SLEEP METHOD

Look up 'the military sleep method': it's a technique for falling asleep quickly, which incorporates deep breathing exercises. You could encourage children to try it or even use it yourself. While it can take a good deal of practice to perfect, eventually it will start to feel natural – and the results are often extremely impressive!

Meet Our Expert

Minds Ahead design and deliver the UK's only specialist postgraduate mental health qualifications. Winner of the Social Enterprise UK: 'One to Watch' award, the charity provides training and support to education organisations and local authorities. This guide has been written by Adam Gillett – a learning and development specialist who is also Associate Vice-Principal for Personal Development at a large secondary school.

