

# WEEK 1 MENU

## Monday

### MAIN COUNTER

Chicken or Vegetable Tikka  
Masala, rice and naan bread  
with mixed vegetables

Jacket potatoes  
With toppings from the deli  
bar

Leek and potato soup  
served with a bread roll or  
sandwich

**FROM THE DELI**  
Selection of breads  
meat, tuna, and cheese.

**SALAD BAR**  
Selection of fresh salads

**DESSERTS**  
Flapjack or fresh fruit

## Tuesday

### MAIN COUNTER

Tomato and Mediterranean  
Vegetable sauce with Pasta  
topped with grated mozzarella  
cheese

Served with garlic bread and  
salad

Jacket potatoes  
With toppings from the deli  
bar

Broccoli and Stilton soup  
served with a bread roll or  
sandwich

**FROM THE DELI**  
Selection of breads  
meat, tuna, and cheese.

**SALAD BAR**  
Selection of fresh salads

**DESSERTS**  
Strawberry mousse pots or  
fresh fruit

## Wednesday

### MAIN COUNTER

Lemon and garlic chicken or  
Cajun spiced vegetable burritos  
served with diced potatoes and  
salad

Jacket potatoes  
With toppings from the deli  
bar

Carrot and Coriander soup  
served with a bread roll or  
sandwich

**FROM THE DELI**  
Selection of breads  
meat, tuna, and cheese.

**SALAD BAR**  
Selection of fresh salads

**DESSERTS**  
Victoria Sponge or fresh fruit

## Thursday

### MAIN COUNTER

Korean style pulled beef or  
jackfruit, rice, diced carrot and  
sweetcorn

Jacket potatoes  
With toppings from the deli  
bar

Vegetable soup served with a  
bread roll or sandwich

**FROM THE DELI**  
Selection of breads  
meat, tuna, and cheese.

**SALAD BAR**  
Selection of fresh salads

**DESSERTS**  
Yoghurt and coulis or fresh  
fruit

## Friday

### MAIN COUNTER

Crispy fish or Quorn dippers  
(Pre prep: Fish fingers)  
Served with chips, baked  
beans, and peas

Jacket potatoes  
With toppings from the deli  
bar

Tomato and basil soup  
served with a bread roll or  
sandwich

**FROM THE DELI**  
Selection of breads  
meat, tuna, and cheese.

**SALAD BAR**  
Selection of fresh salads

**DESSERT**  
Banana custard or fruit

**Allergy information available on request**





# WEEK 2 MENU

## Monday

### MAIN COUNTER

Pork or Vegetable Sausage,  
mashed potato and steamed  
vegetables

Jacket potatoes

With toppings from the deli  
bar

Sweet potato and red pepper  
soup served with a bread  
roll or sandwich

### FROM THE DELI

Selection of breads  
meat, tuna and cheese.

### SALAD BAR

Selection of fresh salads

### DESSERTS

Chocolate chip cookie or  
fruit

## Tuesday

### MAIN COUNTER

Minced beef and onion Pie or  
Cheese and onion Pie, new  
potatoes and mixed vegetables

Jacket potatoes

With toppings from the deli  
bar

Roasted parsnip and honey  
soup served with a bread roll  
or sandwich

### FROM THE DELI

Selection of breads  
meat, tuna and cheese.

### SALAD BAR

Selection of fresh salads

### DESSERTS

Lemon cheesecake or fresh  
fruit

## Wednesday

### MAIN COUNTER

Baked Mediterranean Chicken  
or Quorn fillet, potato wedges  
with salad

Jacket potatoes

With toppings from the deli  
bar

Tomato and Basil soup served  
with a bread roll or sandwich

### FROM THE DELI

Selection of breads  
meat, tuna and cheese.

### SALAD BAR

Selection of fresh salads

### DESSERTS

Yoghurt and fruit coulis or  
fresh fruit

## Thursday

### MAIN COUNTER

Beef or vegetarian lasagne,  
garlic bread, broccoli and  
carrots

Jacket potatoes

With toppings from the deli  
bar

Mushroom and Thyme soup  
served with a bread roll or  
sandwich

### FROM THE DELI

Selection of breads  
meat, tuna and cheese.

### SALAD BAR

Selection of fresh salads

### DESSERTS

Strawberry Jelly or fresh fruit

## Friday

### MAIN COUNTER

Fishcakes or Quorn dippers  
(Pre prep: Fish cakes)  
Served with chips, baked  
beans, and peas

Jacket potatoes

With toppings from the deli  
bar

Indian spiced lentil soup  
served with a bread roll or  
sandwich

### FROM THE DELI

Selection of breads  
meat, tuna and cheese.

### SALAD BAR

Selection of fresh salads

### DESSERTS

Fresh fruit salad and cream

**Allergy information available on request**

