

WEEK 1 MENU

Monday

MAIN COUNTER

Chicken or Vegetable Tikka Masala, rice and naan bread with mixed vegetables

Jacket potatoes
With toppings from the deli bar

Leek and potato soup served with a bread roll or sandwich

FROM THE DELI

Selection of breads
meat, tuna, and cheese.

SALAD BAR

Selection of fresh salads

DESSERTS

Flapjack or fresh fruit

Tuesday

MAIN COUNTER

Tomato and Mediterranean Vegetable sauce with Pasta topped with grated mozzarella cheese

Served with garlic bread and salad

Jacket potatoes
With toppings from the deli bar

Broccoli and Stilton soup served with a bread roll or sandwich

FROM THE DELI

Selection of breads
meat, tuna, and cheese.

SALAD BAR

Selection of fresh salads

DESSERTS

Strawberry mousse pots or fresh fruit

Wednesday

MAIN COUNTER

Lemon and garlic chicken or Cajun spiced vegetable burritos served with diced potatoes and salad

Jacket potatoes
With toppings from the deli bar

Carrot and Coriander soup served with a bread roll or sandwich

FROM THE DELI

Selection of breads
meat, tuna, and cheese.

SALAD BAR

Selection of fresh salads

DESSERTS

Victoria Sponge or fresh fruit

Thursday

MAIN COUNTER

Korean style pulled beef or jackfruit, rice, diced carrot and sweetcorn

Jacket potatoes
With toppings from the deli bar

Vegetable soup served with a bread roll or sandwich

FROM THE DELI

Selection of breads
meat, tuna, and cheese.

SALAD BAR

Selection of fresh salads

DESSERTS

Yoghurt and coulis or fresh fruit

Friday

MAIN COUNTER

Crispy fish or Quorn dippers
(Pre prep: Fish fingers)
Served with chips, baked beans, and peas

Jacket potatoes
With toppings from the deli bar

Tomato and basil soup served with a bread roll or sandwich

FROM THE DELI

Selection of breads
meat, tuna, and cheese.

SALAD BAR

Selection of fresh salads

DESSERT

Banana custard or fruit

Allergy information available on request

WEEK 2 MENU

Monday

MAIN COUNTER

Pork or Vegetable Sausage, mashed potato and steamed vegetables

Jacket potatoes

With toppings from the deli bar

Sweet potato and red pepper soup served with a bread roll or sandwich

FROM THE DELI

Selection of breads
meat, tuna and cheese.

SALAD BAR

Selection of fresh salads

DESSERTS

Chocolate chip cookie or fruit

Tuesday

MAIN COUNTER

Minced beef and onion Pie or Cheese and onion Pie, new potatoes and mixed vegetables

Jacket potatoes

With toppings from the deli bar

Roasted parsnip and honey soup served with a bread roll or sandwich

FROM THE DELI

Selection of breads
meat, tuna and cheese.

SALAD BAR

Selection of fresh salads

DESSERTS

Lemon cheesecake or fresh fruit

Wednesday

MAIN COUNTER

Baked Mediterranean Chicken or Quorn fillet, potato wedges with salad

Jacket potatoes

With toppings from the deli bar

Tomato and Basil soup served with a bread roll or sandwich

FROM THE DELI

Selection of breads
meat, tuna and cheese.

SALAD BAR

Selection of fresh salads

DESSERTS

Yoghurt and fruit coulis or fresh fruit

Thursday

MAIN COUNTER

Beef or vegetarian lasagne, garlic bread, broccoli and carrots

Jacket potatoes

With toppings from the deli bar

Mushroom and Thyme soup served with a bread roll or sandwich

FROM THE DELI

Selection of breads
meat, tuna and cheese.

SALAD BAR

Selection of fresh salads

DESSERTS

Strawberry Jelly or fresh fruit

Friday

MAIN COUNTER

Fishcakes or Quorn dippers
(Pre prep: Fish cakes)
Served with chips, baked beans, and peas

Jacket potatoes

With toppings from the deli bar

Indian spiced lentil soup served with a bread roll or sandwich

FROM THE DELI

Selection of breads
meat, tuna and cheese.

SALAD BAR

Selection of fresh salads

DESSERTS

Fresh fruit salad and cream

Allergy information available on request