



# The Phoenix Flier

## The Yarm Preparatory School Newsletter

Issue 737—24th March 2023

INSIDE THIS WEEK... HMC Hockey success... Disco fun and games... Monologues & Duologues...

### A message from Mr Sawyer

**W**elcome to another edition of the Phoenix Flier which serves up a tasty slice of life at Yarm Prep School. As you can see from the image below our U11 Boys Hockey team enjoyed great success at the recent HMC Tournament which featured independent schools from across the North East. This was the first time that we have scooped this title and, as I type, our U11 Girls are at the North Finals of the In2Hockey tournament which is the furthest we have progressed in this tournament in many years. It is pleasing to celebrate this level of tournament success, but equally important to recognise that sport is something that every pupil has the opportunity to enjoy and represent the school through at Yarm Prep. We very much teach the children that we play to win. It is not win at all costs though; we are humble in victory and gracious in defeat. We learn a great deal through our losses and value competition as it allows us to strive together.

Performance has been on the agenda in Year 4 this week with a range of workshops and focus sessions during Drama Week. It has been another fabulous opportunity for our pupils to further their acting and stagecraft skills. I am hugely grateful to the YPSSC who have kindly agreed to sponsor the Drama Weeks for Year 6, 5 and 4 this year. This has allowed the pupils access to a range of professional actors and performers and has really elevated the experience for them.

*Bill Sawyer*

**Head's Challenge:** I speak without a mouth and hear without ears. I have no body, but I come alive with wind. What am I?



**Photo of the Week:** Our Under 11 Boys' Hockey team won the HMC Hockey tournament last week with a string of fantastic performances. Full report inside.

## Tooled Up Education

**T**he Tooled Up library is already packed with almost 350 evidence-based resources, including interviews with over 80 leading experts from around the world. But, it's your library and we want to know how else we can help you? What new resources would you like to see? Which ones do you love? What could we do better? We always value your feedback and want to ensure that we are giving you the resources that you need. Email us at [research@tooledupeducation.com](mailto:research@tooledupeducation.com) to let us know how we are doing!

A quick reminder As a parent at a Tooled Up school, you have full unlimited access to the Tooled Up library. If you have not created your account yet, click [here to register for an account](#). It takes less than 2 minutes to enter your details and unique school PIN: YPS1103 and if you need assistance, we are always happy to help at [support@tooledupeducation.com](mailto:support@tooledupeducation.com). If you already have an account and you have forgotten your password, then simply click on any of the resource links above, click "Lost your password" and follow the instructions.

*Dr Kathy Weston*

### Parent Zone—Online Safety Support for Parents and Families

All Yarm School families can join Parent Zone's Digital Schools programme, giving you access to stacks of resources and training about what children getting up to online. [Click here for full details](#).

*Mr Stone*

## Northern Schools Dance Competition Success

Yarm School prep dancers entered into this year's virtual Northern School Dance Competition. The pupils trained really hard in their dance lessons and lunch time rehearsals. We filmed the routine in the PAA in the Spring Term.

We had the largest dance groups out of all the schools that entered with an amazing 72 pupils taking part in the competition across KS2,3 & 4. They were judged on their skills, performance, presentation and musicality. All dancers should be extremely proud of themselves!

Here are the results and the judges comments:

**KS2 category -  
'How will I know'  
- Runners-up**

"Girls worked well together... I enjoyed the choreography!"

Well done everyone!

*Mrs Dunkley*





## PE and Games News

### Boys' Hockey team HMC Hockey!



On Friday the 17th of March, 10 boys, Mr Underwood and Mr Trubshaw travelled down to Pocklington School to participate in HMC Hockey. It was a superb trip with 8 enthusiastic schools in the competition. For our first match, we held onto a 1-1 draw. Furthermore, we beat RGS Newcastle comfortably. We all knew it would be a very hard match, they would put themselves in very dangerous positions. After finishing first in our group, we played Dame Allan's in the Semi-finals. The match remained equal (0-0) after extra time. We had to go to penalty flicks! Our 3 penalty takers, Rex, Niall and Seth held onto a 1-1 draw. This meant sudden death! Unfortunately, one of Dame Allan's shots hit the post. And with that, we qualified for the final vs St. Peter's. After scoring an early goal, we held on despite Peter's playing their best game. St. Peter's nearly scored in a short corner and created many chances where we would all be chasing back to our goal. We held onto the win and found ourselves in joyous tears. We were presented with a plaque and the positive emotions travelled on the school bus singing 'Hockey's Coming Home'.

*Thomas F.*

### Girls' Sport

It was great to welcome Durham Choristers School on Thursday last week. The Year 4 girls loved their matches and playing against both boys and girls. This was a great run out before the festival this week.



Many of the U10 and U11's travelled away to play Ashville and Gateways School from Harrogate and Leeds. It was the final Friday fixture of this term and, as always, the girls worked hard and were supportive of each other. The teams enjoyed scoring a few goals and rotating positions between themselves. Next term the team sport for boys and girls will be cricket and hopefully this will be a signal for the sun to shine!

*Mrs Redhead-Sweeney*





# House Chess

## Report for Rounds Two and Three

The second round of this year's House Chess Championship saw Stephenson take another big step towards the title with a big win over Arkwright.

Anjali won three games, Griff, Stan and Samuel won two each, captain Can earned one win and one draw, Dara won one game and Lolwa scored a draw.

Captain Miles continued his excellent form for Arkwright, with two wins and a draw (against Can), Eva, Miguel and Paari all won games and Nona earned a draw, but it wasn't enough to prevent a 12-6 victory for Stephenson.

Meanwhile, Brunel were unable to keep the momentum going following last week's win against Arkwright and they fell to a resurgent Telford, who did very well to bounce back from their first-round defeat to Stephenson.

The final score was 8.5-5.5 to Telford. Captain Tiger won two games, as did Henry and Eric. Rory and Kavan won a game each and Nikita drew one game.

Brunel's points came from Kaira (two wins), Udham, Phoenix and Hugo (one win each) and captain Monty (one draw).

The title looked to be heading Stephenson's way and only a total disaster in the third and final round could prevent them from finishing the job.

The final chess battles saw Brunel bravely challenging the leaders in a hard-fought clash, but nothing could derail Stephenson's journey to the title.

Lolwa, Anjali and Griff won two games each, Dara won one game and drew one, Can won one game and Stan earned a draw.

Brunel's points came from Hugo (one win and one draw), captain Monty and Kaira (one win each) and a draw by Phoenix, leaving Stephenson as the winners by a score of 9-4.

In the other room, Telford knew they had to win by a big score and also rely on Brunel doing them a favour by beating Stephenson. They could only control their half of the scenario, of course, and they duly delivered the goods with a 12-2 demolition over luckless Arkwright.

Miles and Eva won good games for Arkwright, but Telford proved to have too much strength in depth. Henry won three games, Rory, Kavan and Sid won two games each and further wins were added by Eric, Ahmad and Nikita.

Therefore, Stephenson are the new champions and their fabulous record of three convincing victories from three matches makes it absolutely clear that they are worthy winners of this year's tournament.

Telford lost only to Stephenson and they held second place, ahead of Brunel in third and Arkwright in fourth.

All of the matches were highly competitive and the captains - Can, Tiger, Monty and Miles - did an excellent job in organising their respective teams throughout the tournament.

Well played, everyone!

*Mr Marsh*

Our thanks to Mr Marsh for marshalling yet another successful chess tournament!





# Prep Duologues and Monologues

## Year 3 and Year 4 Competition entries

Bella Mitchell & Isla Ryan—*Sleepover (Gone Bad)*

Daisy Callaghan & Holly Birkin—*The Day we Fell into a Fairytale*

Olivia Clark & Evelyn Carter—*Fairy Crystal and the Big Lie*

Henry Skidmore & Thomas Maxey—*Back to the Future*

Felicity Wade—*Where's my Princess?*

Rosa Williams & Manha Abdullah—*Sibling Fight*

Jack Morgan & Cooper Willis—*I Got the Hiccups*

Stan Dugdale & Angus Ferguson (**Winners**) - *The Big Match*



## Year 5 and Year 6 Competition entries

Beatrice Maredia & Ellie-Mae Gates—*Ownership*

Dorothy Wray & Emma Arnold—*Matilda and Miss Honey*

Harriet Batley & Imogen Patrick—*Itch*

Kaira Nalawade & Anika Sunkavalli—*Fish*

Dora Bonner & Beatrix Allcock—*Dorothy and the Witch of the North*

Aphelia Stasinski & Anwita Dara—*Hortensia & Matilda*

Noah Abbas & Monty van Nierkerk—*When Little Red Riding Hood Goes Wrong*

Eva-May McBain & Nona Dugdale—*Alice is Lost*

Louisa Palmer & Darcey-Rue Richardson—*Wizard of Oz*

Wilf Sawyer & Thomas Ferguson (**Winners**) —*The Meeting of Dumbledore and Tom Riddle*





## Year 4 Drama Week

A taste of the Year 4 Drama Week, which began with a circus skills workshop on Monday. There will be more reflections and images shared next week. Parents of Year 4 children will also receive a link to a video of the week in due course.





# Prep Disco





## Year 6 Telford Enterprise Activity

On Monday 20th March, Mr Mitchell visited the Year 6 Enterprise Carousel Activity to talk to Telford about how Aldi is run. He is the regional managing director of Aldi in the North-East of England.

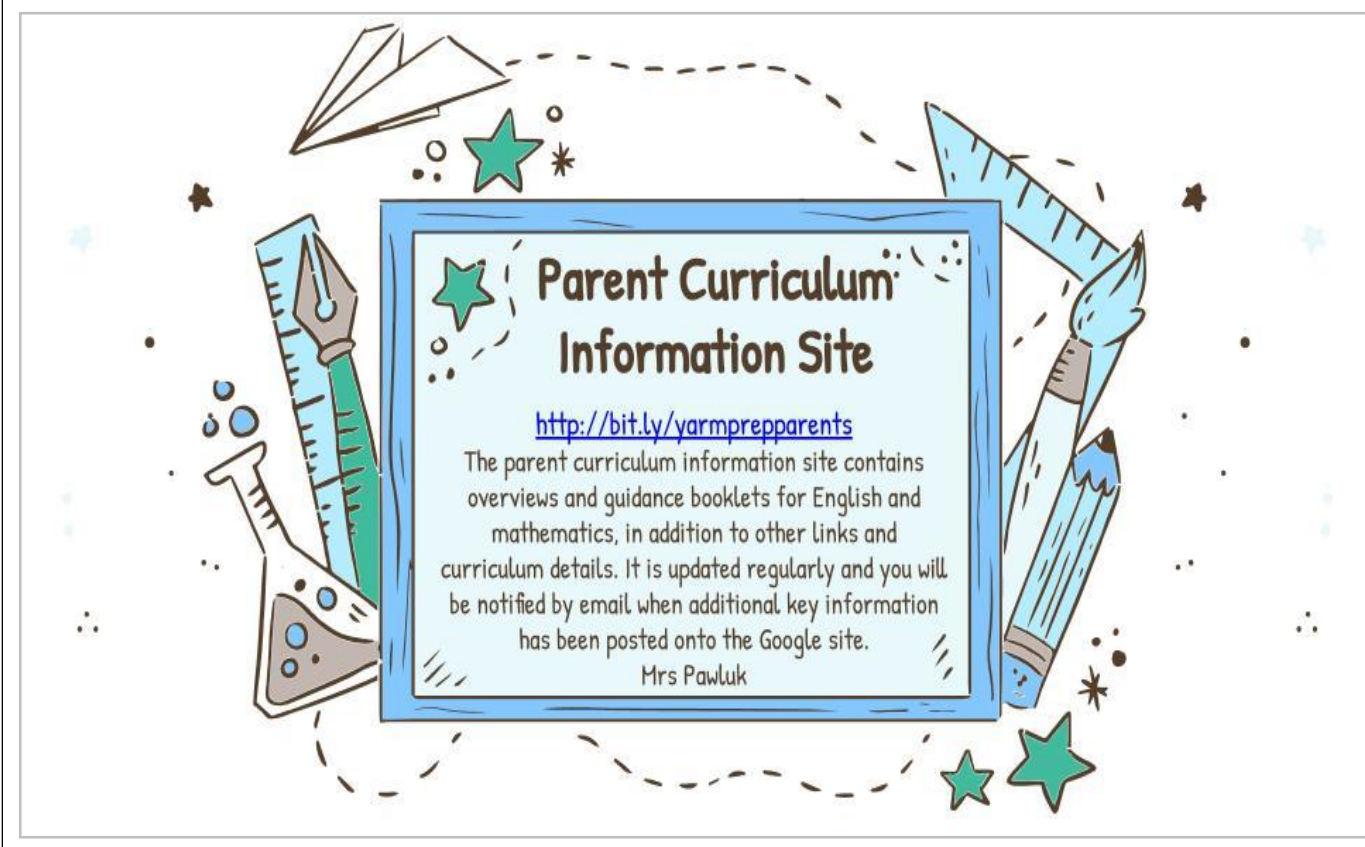
He told us about how Aldi has only 1800 core products whereas Tesco has 28,000. This allows them to sell their products for the cheapest prices out of any supermarket in the UK. In an Aldi shop they have less workers for each shift than other supermarkets, so they have to work harder but as a reward they get paid more than other supermarket workers per hour. Mr Mitchell explained that Aldi worked hard to distinguish itself from other supermarkets by developing many different USPs. For example they pride themselves in

having a wide selection of fresh fruit and vegetables at the front of the store because when shoppers walk into the store they feel good about having new, fresh produce. They also put them closer to the front so it is easily accessible which means it will sell much more as a result. They also have a selection of heavily discounted fruit and vegetables at the front which is changed every week or so.

Aldi try to source their meat as locally as possible and many of their products have the 'red tractor' logo to assure their customers of the good British quality of the food. Aldi are also working very hard to reduce food waste by giving unsold food or food in dented tins to local food banks and also using the 'Too Good To Go: End Food Waste' app at the end of the day to give lucky customers £12 worth of a random selection of food for just £3!

It was wonderful listening to what Mr Mitchell had to say and we learnt so much about Aldi and also how a business is run.

*Sid S. and Alex W.*





## Parent Handbooks

You can access the parent handbooks on the school website [by clicking here](#). At various points over the coming weeks, we will post some reminders and key pieces of information from the handbook.

## Music lessons

If your child is in Years 3-6 and is interested in taking part in individual peripatetic music lessons, [please fill in this form and Mr Gooding will get back to you](#).

## Plastic bottles—HELP!

We were delighted to welcome Jasmine Scollay, a student from our Sixth Form, to assembly on last week. Jasmine presented an assembly about the importance of recycling plastic, sharing some startling statistics regarding how many plastic bottles are thrown away everyday.

Wanting to do something about this, as well as using it as the impetus for her EPQ project, Jasmine is collected plastic bottles of all shapes, sizes and colours. With these, she will be making a greenhouse! To help her, we would like all children to bring in some plastic bottles from home and put them in our big recycling bin, underneath the school clock.

Mr Stone

## Mustard Seed Project

On Monday, we were so lucky to have Rita and her team from the Mustard Seed Charity take the time to talk to all of Year 3 via Zoom. The children learnt so much about what life is like in a school in Kenya.

"There are 100 people in each class." *Georgie DB.*

"The school starts at 7:30." *Edith G.*

"They have half a day on Saturdays." *Sia S.*

Rita told us that some lessons in their school are 1 hour long. There are 30 children in a class at the Mustard Seed school, however, normal schools will have 100 people per class. She even taught us some Swahili. *Freddie B.*



Rita came to talk to us about a school in Kenya. I learnt that goats walk around the streets and that some students speak three languages. They learn English from reception, as they don't always speak it at home. *Lizzie R.*

Today we talked to Rita from the Mustard Seed project. I was interested in their information. We also got the opportunity to ask lots of questions. *Takashi Y.*

Today we spoke to Rita from the Mustard Seed project about what the schools are like in Kenya. We learnt about what lessons they do and how long their break times are, also how many teachers and pupils are in the school. *Harriet A.*

## Crazy Crafts

Last week, Mrs Arrol's Crazy Crafts group made carnival masks!



## Telford Charity Day

On Tuesday 14th March Telford's Y6 pupils came together with the wider school community to support the Unicorn Centre, who are a member of the Riding for the Disabled Association which is the national charity for riding and physiotherapy on horseback. They help children and adults with disabilities by providing horse riding lessons and therapy sessions. The charity has been based at a specially built riding centre in Hemlington, Middlesbrough, since 1998, so this year they are celebrating their 25th anniversary!

It takes a lot of money to





look after their 15 horses, pay the wages of all the people who work at the Centre and pay the bills for things like the horses' food and bedding, vets bills, equipment, wages, electricity and water bills – in fact it comes to over £200,000 a year!



In order to support our chosen local charity, the Y6 pupils ran a variety of stalls and raffles with many prizes up for grabs. All children in years 3 - 6 also made a donation of £1 to this worthwhile cause. I am pleased to report that we raised £590.30 which is remarkable.

Thanks go to the Y6 Telford pupils (and parents) who helped create a range of exciting activities and prizes, all children and teachers for donating their one pound coins and the House staff of Telford for supervising and guiding the children. Further information on the charity can be found on the links below.

<https://www.rdaunicorncentre.co.uk/>

<https://www.youtube.com/watch?v=UVz5FtOD1JY>

Mr Harandon

## Coming up at the PAA

### Goldilocks

**ROLL UP! ROLL UP AND JOIN US FOR THE MOST EGGCELLENT FAMILY PANTOMIME OF THEM ALL THIS EASTER!**

Don't miss this unique retelling of the much loved fairytale 'Goldilocks and the Three Bears' crammed with amazing circus acts, hilarious comedy and the most adorable three bears in the whole of story book land!



### One Night in Dublin

**ONE NIGHT IN DUBLIN** is coming to Yarm when The Wild Murphy's will set up Murphy's Pub here at The Princess Alexandra Auditorium, guaranteeing one glorious night of high-energy Irish Music and more than a little bit of Irish Craic.



In their own inimitable style, multi-award-winning Irish tribute band.

## Drawing from the Heart

As we near the end of term, some of our Year 6 budding artists are completing their final artwork in our Drawing From the Heart activity. Children work with art pens of varying nib sizes to create detailed, carefully observed drawings of something that they love or are passionate about. Here are some examples of their impressive artwork. Well done everyone!

Mrs Donoghue



## FIXTURES PRO

[To find out how to access the Fixtures Pro website and see where the children are playing and when, click here.](#)

## Last week of term reminder:

Please note, during the last week of term. Nursery will finish at 3pm, Reception and Year 1 will finish at 3.15pm and Year 2 will finish at 3.25pm each day. Years 3-6 will finish at 3.45pm as usual.

**There is no after school care on Friday 30/3.**





YARM SCHOOL ASSOCIATION PRESENT



GLASTY ARMBURY

SATURDAY 17TH JUNE 2023

EARLY BIRD TICKETS £65

[WWW.YARMSCHOOLASSOCIATION.ORG](http://WWW.YARMSCHOOLASSOCIATION.ORG)

SUMMER BALL MEETS FESTIVAL  
LIVE MUSIC FESTIVAL FEEL DELICIOUS FOOD  
IN THE PAA, ATRIUM, AND TERRACE

FESTIVAL BALL 1970-2020



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# Top Tips for Adopting SAFE & HEALTHY ONLINE HABITS

Everyone has so much going on in their lives, and that includes children: from exams and deadlines to anxiety and mental health struggles. It's quite easy to send memes, make jokes and vent online about the things that irritate us, but when was the last time you – or your child – took a moment to share something kind or positive instead? In fact, when did you last stop and think about your family's online activities? To help keep them safe and teach them healthy online habits, we need to develop our children's digital resilience. There are lots of ways that children can become more digitally resilient, and we've pulled together some popular strategies here –

## WHAT IS DIGITAL RESILIENCE?

Resilience doesn't mean being so tough that nothing gets to you, and it's not about "putting up with things" either. Instead, it's the ability to recover from setbacks. Everyone feels sad, worried, scared or upset at times: it's how we respond and adapt to those situations which is important. Digital resilience is about making choices that keep us safe and happy online, even when we're exposed to something negative or upsetting. Building your child's digital resilience will help reduce the impact of potential risks as they engage with and navigate around the online world.

## MAKE POSITIVE LIFESTYLE CHOICES

- ✓ Make time for the people and things that make you happy.
- ✓ Monitor your screen time and stick to your limits.
- ✓ On social media, follow people that make you feel good about yourself – and unfollow the ones who don't.
- ✓ Spread some positivity: post good reviews, leave encouraging comments and share good news.

## KEEP YOUR HEALTH IN MIND

- ✓ Try to factor in regular breaks offline and away from your screen – ideally, outdoors for some revitalising fresh air.
- ✓ Exercise is a brilliant stress-buster: even a walk around the block, a bike ride or a stroll to your local shop can really work wonders.
- ✓ Be strict with yourself about putting devices away in plenty of time before bed: they can interfere with a good night's sleep, which is essential for staying healthy.

## REACH OUT FOR SUPPORT

- ✓ If you have a problem online, don't be afraid to reach out to specialist people or organisations that could help.
- ✓ Follow people on socials who have the same values and morals as you.
- ✓ You could always talk to a friend, or a trusted adult like a teacher or family member for some advice.

## PUT SAFETY FIRST

- ✓ If you see something online that upsets or worries you, tell a trusted adult about it as soon as possible.
- ✓ You could also report the content that's making you feel uncomfortable to the site or app that you saw it on, so they can look into it.
- ✓ Another option is to block the person or the account that's causing you a problem – or you could go one step further by totally deleting the app you were using.

## GET THINGS CLEAR IN YOUR HEAD

- ✓ Ask yourself what kindness online actually looks like. Can you remember the last time someone was kind or supportive towards you online? What did they do?
- ✓ Think about how it makes you feel when someone sends you a positive or funny message online.
- ✓ What about the opposite: has someone ever been deliberately unkind to you online? What did they do and how did it make you feel?
- ✓ If someone's behaviour online is causing you stress, try to remind yourself of all the steps you can take if a person's being unkind online.

## Meet Our Expert

Cayley Jorgensen is a registered counsellor with the Health Professions Council of South Africa, working in private practice to offer counselling to children, teenagers and young adults. She is the founder of Ingage Support, a mobile app focusing on mental health awareness with the goal of providing resources and solutions to schools worldwide.



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# Key Dates

## MARCH 2023

<b>Mon 27</b>	Y5 London trip departs Year 6 French Week 6G & 1/3 6W Bikeability <b>Nursery finishes at 3pm this week</b> <b>Reception/Y1 finishes at 3.15pm this week</b> <b>Y2 finishes at 3.25pm this week</b>
<b>Tue 28</b>	6H & 1/3 6W Bikeability
<b>Wed 29</b>	6L & 1/3 6W Bikeability Lost property handed in by this date
<b>Thu 30</b>	Year 5 return from London
<b>Fri 31</b>	<b>End of term</b> <b>No after school care</b> Dance Assembly (9.50am; Prep Hall) Lost property assembly End of term assembly

## APRIL 2023

<b>Sat 1</b>	Year 6 Edinburgh Sports Tour departs
<b>Mon 3</b>	Easter Holiday School commences Edinburgh Sports Tour returns
<b>Thu 6</b>	Easter Holiday School finishes
<b>Thu 20</b>	Pupils return Summer Term begins <b>Nursery finishes at 3pm this week</b> <b>Reception/Y1 finishes at 3.15pm this week</b> <b>Y2 finishes at 3.25pm this week</b>
<b>Fri 21</b>	Ramadan celebrations
<b>Mon 24</b>	<b>Prep clubs and activities begin</b> Activities Carousel 4 begins (Y4-6) Year 4 planting hedges
<b>Tue 25</b>	Whole School photograph (9am) Mustard Seed Project assembly Senior School Fashion Show (6-7pm; PAA)
<b>Wed 26</b>	Y4 Vindolanda residential—Zoom for parents (4pm)

<b>Thu 27</b>	Sustrans assembly
<b>Fri 28</b>	U11 Boys & Girls Cricket v Pocklington (away; 2pm start, 5.30pm return)
<b>Sun 30</b>	UK Chess Challenge Mega Final (PAA; 10am-5pm)

## MAY 2023

<b>Mon 1</b>	School closed; Bank Holiday
<b>Tue 2</b>	Knockout Chess begins <b>Class photographs</b>
<b>Wed 3</b>	Informal Concert (Prep Hall; 4pm)
<b>Fri 5</b>	LAMDA examinations U10 Boys' Cricket v Cundall Manor (home; 2pm start)

[You can find the Yarm School calendar by clicking here](#)

## Solution to previous Head's Challenge:

*A coat of paint*

## Celebration Assembly

	Values	Endeavour
<b>3B</b>	Elizabeth H.	Ziad S.
<b>3H</b>	Dara J.	Harriet B.
<b>4G</b>	Felicity W.	Imogen C.
<b>4J</b>	Stan D.	Alia M.
<b>4N</b>	Ciny Z.	Rory B.
<b>5F</b>	Tallulah M.	Vadim S.
<b>5H</b>	Francesca F.	Lolwa S.
<b>5K</b>	Amelia C.	Pradyoth K.
<b>6G</b>	Maisy V.	Jessica F.
<b>6H</b>	Joe W.	William M.
<b>6L</b>	Auden A.	Beatrix A.
<b>6W</b>	William A.	Janaki M.