

Newsletter



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Headmaster's Welcome

Despite a shorter week after the Bank Holiday Weekend, events are coming thick and fast this term and it's been another busy week. This edition contains a review of the terrific Fourth Year Play from last week which I thoroughly enjoyed for a variety of reasons. I was particularly struck by its ambition: no 'easy option' here, this was a complex and challenging play which saw our pupils offer mature and impressive performances. We hear from pupils involved in Duke of Edinburgh expeditions and read about climbing and caving adventures. Alongside the cricket roundup, there are some outstanding achievements in hockey to read about in the sports section, with further success for pupils in reaching the National Finals - all our age groups have managed this in boys hockey this year; another remarkable achievement!

Pupils' work is highlighted in pictures from the DT showcase and there is another powerful book review, this time from Caroline who tackles two books that directly and indirectly explore feminism. Miss Rhodes challenges the Fifth Year to consider entering the Apprentice next year as well as thanking Owen and Lily for their contributions. This week has also seen pupils on stage for the Duologues, with more to come in next week's newsletter, and the Third Year were lucky enough to have a lecture with Professor Robert Winston after his talk in the PAA the night before, and they were treated to an inspiring and fascinating talk from this pre-eminent scientist who gave his time most generously.

Parents are encouraged to sign up for the YSA Ball later this term, and details of how to purchase tickets are given within. We also look forward to the Art Department's Gallery Viewing on 16th May, and to the fruits of the pupils' labours in creating environmental sculpture and there is a plea for more material, so please send your children in with things that might otherwise find their way to the bin!

Finally, this week saw the first public examination since the start of Covid, with our Fifth Year Geographers firing the starting gun. Today is their last day in School before examination leave, and we will celebrate their time in the Senior School today; a momentous day. We wish them, and the Upper Sixth, the very best of luck in the exam season to come.

Dr Huw Williams

Climbing and Caving Weekend

Over last weekend, a group of ten pupils from First and Third Year joined Mr Mathers, Miss Street and instructor Tom for two days of rock climbing and caving in the magnificent Yorkshire Dales.

Arriving at our beautiful campsite near Dent on the Friday evening in the sunshine we set about building camp for the weekend. After a game of rounders and a tasty meal of sausages, potatoes and beans followed by cake and custard, we turned in for the night excited for our day rock climbing the following day.

Sunshine greeted us on Saturday morning as we drove and hiked our way up to Twistleton Scar End for a range of rock climbs on fantastic limestone rock. We climbed and belayed in the sunshine overlooking magnificent Ingleborough. Throughout the day, the pupils worked in many different small teams, supporting and encouraging each other to complete the climbs as well as looking after the climber's safety through some excellent, safe belaying. As the day cooled down, cloud rolled in and eventually drizzle began, driving us away from the crag and back to our campsite.

Evening meal of bolognese, pasta and more cake and custard was expertly chopped and prepared by the pupils, whilst Tom fitted us out with our caving suits to keep us warm in the cave.

Sunday morning meant we had to dismantle our camp and pack the minibus quickly before we drove round to Alum Pot Lane for an explore in the underground limestone passages of Long Churn cave. The pupil team worked together to tackle the Cheese Press, Plank Pool, Baptistry Crawl and finally the waterfall climb out of Dr Bannister's Hand Basin. With some excellent teamwork and cooperation there were only a few short dips in deep water pools!

My thanks to Miss Street and Tom for helping on another excellent Outdoor Ed weekend away camping and adventuring.

Mr A Mathers





GCSE & A LEVEL ART GALLERY VIEWING 2022

MONDAY 16TH MAY, 4-7PM

GCSE: RECITAL ROOM

A LEVEL: ART ATTIC STUDIO

You are warmly invited to Yarm School to view the summer GCSE and A Level collections. Over 100 fantastic pieces of artwork displaying a wide range of styles and techniques. Enjoy a complimentary glass of wine whilst viewing the artwork.



Fourth Year Play: Aeschylus' Oresteia

Greek tragedies were originally performed as trilogies: three plays, connected by story or theme. Three plays by the playwright Aeschylus – the Agamemnon, the Libation Bearers and the Eumenides – make up the only trilogy that survives to us today: the Oresteia. This, a trilogy adapted in performance to a single play, was presented to us by the members of the Fourth Year last week.

The play centres, as any Greek tragedy should, on a cursed family. The horror that afflicts this house began when the old king murdered his brother's sons and fed them to their father, and continued when his son, the new king Agamemnon, sacrificed his own daughter in order to be able to sail to Troy. As the play progresses, wife murders husband, and then son murders mother in revenge. How can this endless cycle of madness, vengeance and bloodshed be brought to an end? In true Athenian style, with a trial. The play is thick and heavy with dread. As the story opens, the Watchman – in a compelling and arresting monologue from Spyke Marshall-Burnell – sets out the scene: we are in the city of Argos, waiting for the return of the king, Agamemnon, who has been absent fighting in the Trojan War for the last ten years. Something is amiss. The queen is involved. But before he can tell us any details, the sight of the signal beacon fires announces the imminent return of the king. Aching anxiety turns to jubilation. But the sense of joy won't last. Later, Cassandra, captured princess of Troy, maddened with the gift of prophecy but cursed never to be believed, tells the assembled chorus of the cannibalistic crimes of the house's past and warns them of the imminent death of Agamemnon and herself. Ellie Lamb's powerful portrayal had the audience gripped as she recounted horrors both past and to come.

The murder itself was played out in silhouette, back lit and projected in flashes upon panels. Clytemnestra, the murderous queen, avenging her sacrificed daughter, steps over the corpse of the man she has lured into his own house along a blood-red carpet to his doom. Phoebe Nichol delivered an impressive performance in the role, the most demanding in the play, giving us a Clytemnestra who was seething with righteous fury and dripping with sinister menace.

In the second half of the play, the atmosphere of dread resumes as the next generation plot their own act of violence. Orestes (Oskar Studholme) and Electra (Nila Baskar) meet at their father's tomb and, in a dark prayer, begin to orchestrate their mother's death. Oskar and Nila both gave forceful and convincing interpretations of their character, and the audible gasps from the audience when Orestes stabbed Clytemnestra is testament to how well the actors had encouraged us to invest in the lives of this twisted family.

At this stage, the play's final third begins, with a chorus of

Furies, appearing first in silhouette, before breaking forth from the two-dimensional screens and bursting into life on the stage, all prowling movement and staring eyes. Special mention must be made of Nila Baskar, for stepping into this role at the last minute, and to Ava Carter, whose commitment to the physicality and movement, along with her chilling delivery, really captured the tormenting menace that the Furies are meant to represent. In pursuing a now nearly broken Orestes to Athens, the Furies become a plaintiff in his trial, with the god Apollo (Ellie Lamb again) as the defence, and the goddess Athene presiding as judge. Nicole Lambert's measured, authoritative, even stentorian delivery captured every bit of the goddess's authority as she gathered up the audience's vote and ultimately acquitted Orestes. Law, order and civilisation thus brings an end to the savage blood feuds of old.

Congratulations are due to every single one of the twenty-one Fourth Year cast members who worked so hard to bring this demanding and provocative piece to life.



Bronze D of E Report

I completed my Bronze award over the Bank Holiday weekend, and I'm really proud of how it went. My group was speedy and efficient, and we managed to navigate our route really well. My two top tips for anyone wishing to do this expedition would be: plan your meals in advance in order to share the food you carry, and remember to take everyone's needs into consideration when you're hiking - frequent water breaks are very important!

Eleanor Lamb, Fourth Year



Foot or Rail?

This week the Econ/Bus Society Chair, Owen, introduced two interesting topics through video then discussion. First the assembled throng considered China's high speed railway crisis (considering if the gains in terms of economic growth and development outweighed the problems) and then it was time to consider the 'marmite' product Crocs. Whether you love them or hate them, their sales certainly benefited from the casualisation of lockdown and we examined if they are a fad or whether extension strategies can continue to be effective.

Next week we look forward to hearing from Upper Sixth student Finlay as he discusses Apprenticeships.

Bronze D of E Report

Our expedition started with a short journey from school to Great Broughton. We got off the bus and did an intense and thorough warm up in a local park to limit our chances of fatigue or injury on what was to be a long day ahead of us. We then set off and after a while we reached the foot of the Cleveland Hills. We then began our ascent, which on a swelteringly hot day, was certainly a challenge. But this challenge was worth it, as we reached the top of the first hill, we were treated to some breathtaking views of the North Yorkshire countryside whilst we enjoyed some lunch on our first break of the day. We then carried on through the hills and the North York Moors. After a long day of walking we eventually made it to our campsite in Chop Gate. Straight away we pitched our tents and cooked our evening meal. Before long we were all desperate for some sleep and as soon as our heads hit the ground we were fast asleep until the morning.

Day Two started with a debrief from Mr Spence and Mr Dempsey and then we set off for our last leg of the trip. We were treated to some different scenery on this day as we predominantly trekked through valleys and farmers fields, all while keeping an eye on our map to make sure we were staying on route, or if we ever deviated we were aware of where we were at all times. We stopped for a lunch break around midday where we made some delicious hot chocolate which helped combat the slightly cooler weather of the day. We carried on walking, admiring the wildlife along the way such as pheasants, lambs, cows and ducks. After many hours of walking, we finally made it to our finishing point along with the other groups. This brought an end to a fantastic experience over the recent days.

Having completed this expedition, the main useful tip from us all is to pack light and effectively, as the backpacks become very heavy with all the camping equipment.

Freddie Butler, Fifth Year



Yarm School's Artist in Residence presents

"THE YARM SCHOOL ENVIRONMENTAL SCULPTURE EXTRAVAGANZA!"



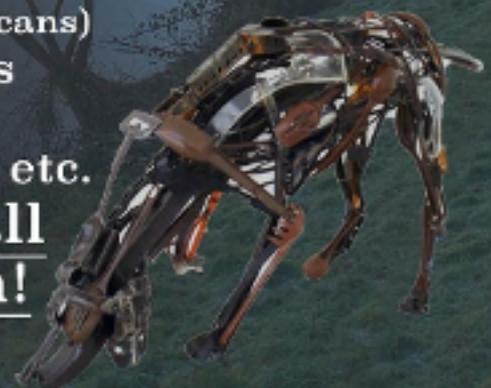
Miss Jenyns is very excited to be collaborating with Tees Valley Wildlife Trust for this amazing Community Project.

WHAT CAN YOU DO?

We need you to bring in materials and trash from home, for example:

- Old/torn, colourful clothing
- Broken, plastic toys
- Broken/scratched CDs
- Disused cables/wires
 - Plastic bags
 - Broken jewellery
- Broken/old kitchen utensils
 - Old rope
- Drinks cans (not food cans)
 - Plastic bottle tops
 - Plant pots
- Broken Coathangers etc.

Please ensure all items are clean!



Please bring in your trash now and leave them in the marked containers in the DT Department. We will begin building the sculptures during Activities on Tuesdays and Thursdays in the DT Workshops.

Attention all Fifth Years!

Are you... Simply the best? Better than all the rest? Better than anyone? Anyone you've ever met?

Can you lead?

Can you make decisions?

Can you manage your time?

Can you work in a team?

Can you deal with people who don't pull their weight?

Can you deal with conflict?

Can you bounce back after failure?

Can you think of a charity which means something to you, and raise money to support it?

Can you pitch?

Can you justify your ideas?

Can you stand up for yourself?

Can you take calculated risks?

Can you have fun whilst building the skills needed for UCAS, Apprenticeships and / or employability?

Can you compete?

Are you in the Lower Sixth next year?

Can you be the 2023 Yarm Apprentice?

Well, don't just think it...

PROVE IT!

Sign up for Yarm Apprentice - Tuesday Activities 2022/23

Miss C Rhodes

What To Expect From Yarm Apprentice!

As YA 2022 draws to an end, Miss Rhodes asked all the competitors: Was Yarm Apprentice what you expected?

- A lot more behind the scenes work required, but for the most part, yes!
- What I expected, but a lot more demanding than I originally thought.
- Yes, it was what I expected.
- It's more competitive than I realised - between the rival teams - as everyone wants to win and do their best for their team.
- I didn't realise it was over 2 terms.
- There was more work to put in than I originally thought.
- It was a lot more intense than I anticipated.
- It was exactly as I had imagined.
- It was much more intense than originally expected, but that is why I enjoyed it so much!
- It was more serious and more realistic than I expected.
- The tasks involved didn't disappoint.
- It was more formal than I expected, I didn't expect the tasks to be so real!

FAME....

This week saw the launch of the FAME Activity. No lycra or legwarmers in sight as yet! This was instead an opportunity for those Lower Sixth students interested in pursuing courses or careers in Finance, Accounting, Management and Economics to accrue experiences, and enhance their profiles.

In the coming weeks they will be on location acting as Business Mentors, competing to raise awareness of Economics and Business amongst the younger years, as well as learning how to enhance their own USPs!

Watch the walls of the Econ/Bus department in future weeks for evidence of their progress!

Miss C Rhodes

Thank you, Good Luck and They'll be Back....

The Economics and Business department are bidding a fond farewell to their fabulous Economics and Business Chairs, Owen Reed and Lily Cordwell-Smith.

Owen and Lily have been assets to the department over the last twelve months, co-ordinating the Thursday Econ/Bus Soc Meetings, delivering multiple sessions themselves, enthusing their peers and inspiring the Lower Sixth to not only attend, but also to present. In a post lockdown year where students have been pulled in many different directions, the Econ/Bus Soc has remained strong and in fact attendance has exponentially grown, with fabulous widening participation from far beyond the Econ/Bus department.

I will miss Owen and Lily's help and good humour, although they are not allowed to officially depart from their roles until we have their replacement (s) appointed!

I am sure that both Owen and Lily will be back for Working Lunches in the not-too-distant future and as they will have realised from my FP gang, you never really do leave the Econ / Bus Dep once you've been part of it!!

All the very, very best to both Owen and Lily for the future, and I reiterate my very sincere thanks for their support (and their patience in dealing with so very many CER emails).

Miss C Rhodes



Join the YSA for their fabulous Bollywood Summer Ball! Tickets are on sale on their website: yarmschoolassociation.org. We expect this event to sell out so be quick!

YSA PRESENTS

BOLLYWOOD SUMMER BALL

SATURDAY, 18TH JUNE 2022

7PM

CARRIAGES AT MIDNIGHT

THE PRINCESS ALEXANDRA AUDITORIUM

TICKETS £60

AVAILABLE ONLINE FROM 9AM
SATURDAY 30TH APRIL

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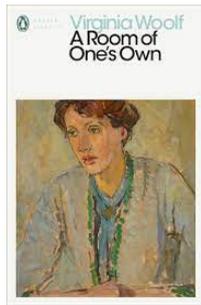
BOLLYWOOD DANCERS FROM DESI NACH

THREE COURSE MEAL
BLACK TIE OR PARTYWEAR

yarmschoolassociation.org

Politics Book Review

A Room of One's Own & Misfits: A Personal Manifesto



I borrowed two feminist books from the school library, 'A Room of One's Own' by Virginia Woolf and 'Misfits: A Personal Manifesto' by Michaela Coel, both with a specific focus on women within creative fields, and namely that of writing. This was of particular interest to me because I enjoy writing and I am familiar with both writer's work. Whilst Virginia Woolf is lauded as an icon of feminist literature (typically fiction), 'Misfits' is Michaela Coel's first book, adding to her career as the creator of hit TV shows 'Chewing Gum' and 'I May Destroy You'. However, as I will explore, these books have value beyond just their specific niche, and are in fact important pieces of the wider narrative of feminism.

The immediate similarity that is evident between both books is their size: they are physically small, less than 150 pages. Yet, their content, though manageable, is far from insubstantial. I do not know if Michaela Coel has ever read Woolf's work, but in my imagination I picture her book as a continuation of the same idea - a connection spanning generations, as though on a family tree. Moreover, both books are essentially extended essays that originated as speeches: Woolf's is an amalgamation of two papers about women and fiction read in 1928, and Coel's is an expansion of her MacTaggart Lecture to prominent figures in the television industry, 90 years later. This difference in time is keenly felt throughout both books, though not as much as one would hope: reading the two together exposes the fact that many of the same problems exist today as a century ago. The most clear development is that Michaela Coel, a black woman, is now included in the narrative - an overturning of the exclusionary feminism of Woolf and her era.

The legacy of 'A Room of One's Own' endures and remains relevant despite the absence of a modern perspective. Woolf explores the process behind writing her speeches, adopting the identity of an anonymous narrator in order to explore the topic of women and writing, whilst also recalling her personal experience. She flows between the tale of a fictional search for an answer and the answer that she has found: that "a woman must have money and a room of her own if she is to write". Woolf claims only to present her opinions, because "when a subject is highly controversial... one cannot hope to tell the truth", but I believe that the ideas she presents are legitimate.

The issue of financial independence that Woolf presents

remains critical for gender equality in the modern age; women are limited by the gender pay gap, inequality of opportunities and treatment, and the gender finance gap. As Woolf points out, explaining her own transformation after receiving an inheritance from her aunt, financial freedom is the foundation of intellectual freedom. Because of this, there were historically very few female authors. Women were the subject of fiction, not its creator; "some of the most profound thoughts in literature fall from her lips; in real life she could hardly read, could scarcely spell, and was the property of her husband". Woolf explores a wide spectrum of crucial ideas, such as the impact of a woman's unexpressed creativity; men's use of women's 'inferiority' to enlarge themselves; the trivialisation of feminine subjects; and the imagined tragedy of Shakespeare's sister if she too was a writer.

Rather than attempting to rewrite Woolf's text in clumsier language, I recommend anyone interested to read the book for themselves and discover their own interpretation; as Woolf writes, "it is for you to seek out this truth and to decide whether any part of it is worth keeping". The book finishes with a message of hope for the future, that one day Shakespeare's sister could find it possible to write. I believe that we are living in this time, but there are still people without adequate opportunities and resources to express their creativity - a problem tackled by Michaela Coel in 'Misfits'.

In all 43 years of the Edinburgh television festival, Coel was only the fifth woman and the first person of colour to deliver a speech. This status as an outsider (or 'misfit' as she prefers) formed the foundation of Coel's speech, as she chronicled in her book three years later. Coel herself has questioned whether 'Misfits' really constitutes a book, but though she lacks the eloquence of Woolf, I would argue that her story forms an incredibly relevant and important book. At times I felt that her ideas were underdeveloped; the book is rife with tantalising moments of honesty that I wish were explored further. Coel details her life and her experience in the television industry as a black woman or a 'misfit' ("one who looks at life differently... [or] life looks at them differently"). Her writing highlights the persistence of racism and discrimination within and around the industry, and the lack of willingness to adapt and improve. Coel's writing is poignantly candid, especially in sharing her experience of sexual assault whilst writing the second season of 'Chewing Gum'. The book is peppered with an extended moth metaphor that was slightly hazy, but Coel's aim is clear: to fix the "faulty house" that is the television industry.

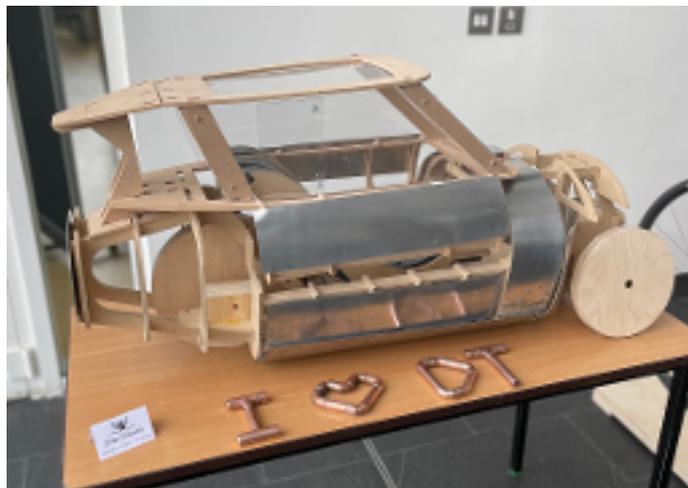
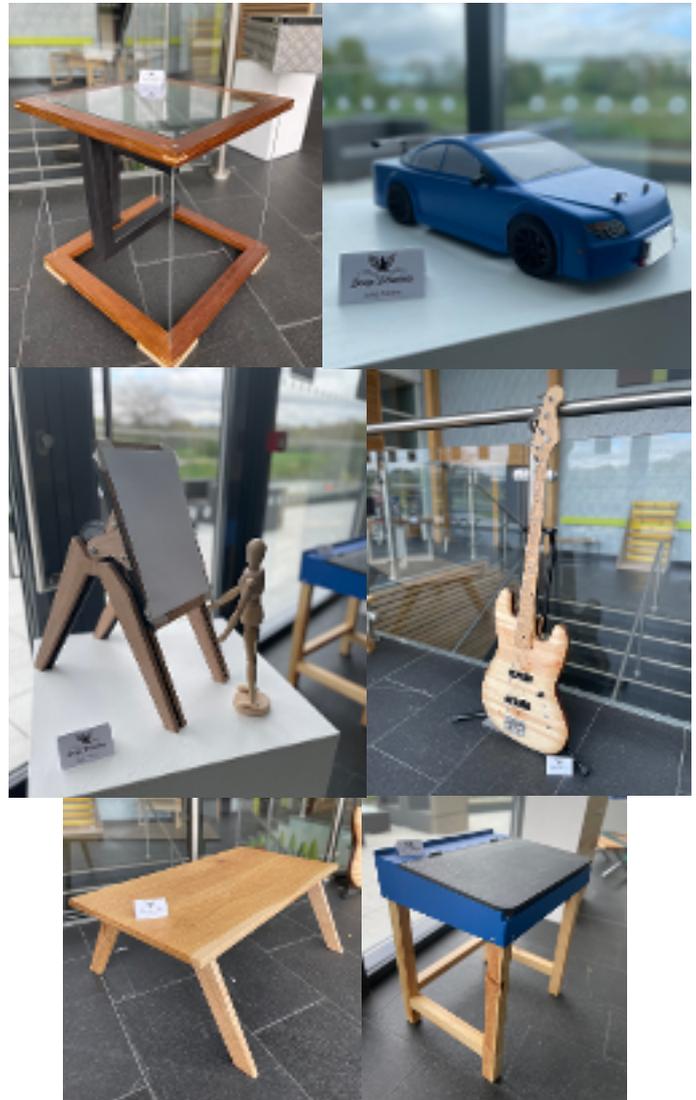
I was inspired by 'A Room of One's Own' and 'Misfits: A Personal Manifesto', and would highly recommend both books, though 'Misfits' is not suitable for younger readers. Woolf and Coel encourage people to embrace their differences, but also to improve the opportunities available for those who are different. Their message of equality and change applies to women, people of colour and all 'misfits', beyond just the sphere of writing. Even if you don't read either book, I urge you to consider Coel's final question: "What part will you play?"

Caroline Louwrens, Lower Sixth

Design Technology Showcase

Following two years of covid the DT Product Design Show returned this year with some fantastic work from GCSE and A Level students. Products on show included a range of furniture items made by GCSE students to a professional standard. Vincent's tensegrity table amazed viewers with its impossible looking structure, Jasmine's river resin table and Harry's extending, height adjustable table also impressed. Reuben and Luke combined electronics with resistant materials to create a fully functional bass guitar, and remote control car as part of their GCSE projects. A-Level work included detailed, high quality, functioning prototypes from William and Mia, demonstrating some of the technical aspects of their studies. A big well done to everyone involved - all of the students should be very proud of their achievements. Thanks go to all of the staff involved in the event, and in particular the DT staff for all of the hard work they have put in to support the students, and to Miss Jenyns for photographing the event.

Miss A Street



Community Trash Art Project

Our big, Community Trash Art Project is well underway, with pupils working hard in the DT Workshop bending and squashing repurposed materials to form parts of our first sculpture. Our inspiring pupils are full of creative flair and are really getting their teeth stuck into the challenge!

We need plenty more materials though... See our featured poster for inspiration on what you can bring in.

Jessica Jenyns, Visiting Artist



YARM SCHOOL DANCE PRESENTS
DANCE SHOWCASE 2022



**BRING THE
BEAT BACK**

FRIDAY 10TH JUNE, 6.30PM

THE PRINCESS ALEXANDRA AUDITORIUM
TICKETS: £6.50 ADULTS, £3.50 CONCESSIONS

WWW.THEPAAONLINE.ORG

U14 National Hockey Final

It was a long tough day for our Under 14 hockey team which went to the National Hockey Finals in London on 26th April. This was a fabulous opportunity and experience for the boys as they got to play on the pitch that was used for the 2012 Olympic Games- they also got to see some of the sights in London and explored some of the facilities at the Olympic Park.

As the North East Champions, they went up against the best teams in the country and although the results didn't go their way, they can certainly walk away with their heads held high as they put up a good showing- displaying great determination throughout.



In the first game against Wellington School, Yarm took an early goal through an unexpected source in centre-back Sam Arnold who pounced on a short corner rebound. Yarm continued to probe through the dangerous Jake Leader and Cam Morrison, and should have been another goal ahead going into the break. However, Wellington equalised by half-time and two soft second half goals meant we went down 3-1 in a game that we were very much in.

Whitgift School is the top hockey school in the country and their Under 14s are clearly one of their stronger teams- the eventual winners were outstanding and it was a great experience for our boys to play against such opposition. A consolation goal at the start of the second half by Cameron Morrison meant we were the only team to score against them all day!

Our final group game pitted us against The Perse School who would later finish the tournament in 3rd.



This highlighted the frustrations in our day as we went 2-1 up against them through goals from the highly impressive 2nd Year Olly Carr and another quality moment from Morrison on the backhand. However, 7 minutes of madness followed and we conceded 3 very poor goals to come in at 4-2 at half-time. We then went on to dominate the 2nd half and scored early on through the now injured captain Jake Leader to make things exciting. It was tough to take when The Perse scored another goal, once this team can establish some consistency they will be able to compete against most teams in the country!

The final crossover game was against Taunton School and again it was a game Yarm dominated but failed to win through the missing of some chances and bad decisions out of defence at key moments.

This was a huge learning curve for the Yarm boys and a valuable and unbelievable experience for the group moving forward. The whole group represented the School in the best light and should be very pleased with their achievements this season!

A huge thanks to Mr Leader and 'LeadersTraders' for sponsoring the team kit for the event- as you can see, the boys looked very smart throughout!

U13 Hockey Qualify for National Finals

Our Second Year boys became North East Hockey Champions on Thursday 28th April which means that for the first time in the schools history, every age group that could reach the England Hockey National Finals has done (U13, 14, 16 and 18) and all age groups are North East Champions.

They qualified in style by playing 3 finals games, scoring 14 and conceded 0 and will now travel to Nottingham for the National Finals Day on 6th May.

The boys played Hymers School first and after an understandable rusty start, they managed to dominate the game and came out 4-0 winners. Bradford Grammar School followed and again the boys looked strong throughout to produce a 6-0 win- the tournament was completed with a 4-0 win over local rivals Egglecliffe School.

The boys now travel to Nottingham next week with high expectations- we wish them well.



Cricket Report

Wednesday 27th April

Yarm School batted first scoring 125 runs off 25 overs, Abhinav Ramnisetty scoring 29 and Daniel De La Motte scoring 26 in a disappointing batting performance where 6 batsman all fell for scores for 10 or below. Therefore, to take Ampleforth to the final over showcased an excellent bowling performance with Tom Howard bowling exceptionally well.

Ampleforth won by two wickets scoring 126 - 8 off 24.3 overs.

Thursday 28th April

The U14 team started off their season with a good performance against Red House on a chilly afternoon.

Red House batted first and scored 121 - 9, Harry Staggs led the team very well and ensured all players bowled and were fully involved in the game. Harry Carter producing a very pleasing display with his spin bowling. Yarm chased down the score and won the game in the last over 122 - 3, with Lewis Roper and Harry Staggs retiring from batting after achieving their maximum individual score.

U14 vs Cleveland Schools

A game that Yarm School were very pleased to get on our fixture card this, we welcomed Cleveland Schools to Yarm School for a 30 over game.

Cleveland Schools batted first and achieved a very pleasing score of 162 - 5, knowing that this would be an extremely tough chase.

Again Harry Staggs batted well and unfortunately got out in the 40's, but the most pleasing score was Nicholas Clements who scored a 50 and both were very close in chasing down the score, with Yarm School achieving 147 in 30 overs.

Wicket takers for Yarm were Nicholas Clements (1), Lewis Roper (1), Harry Staggs (3) and Tom Burchall was very impressive in the field.

U15 County Cup Round 1 vs St. Leonard's

In a very tense affair, St Leonard's opened the batting, and Yarm School restricted them very well, with standout bowler Akash Chakrabhari taking 4 wickets for 13 runs, this was closely followed by our fielding with Zach Parker and Timmy Foley taking two outstanding catches restricting St. Leonard's to 85-7 off their 20 overs. Again the game went down to the final over and even the final ball needed three to win off the last ball, we sadly only scored one run off it, losing the game by 2 runs, with Harvey Qin and Jack Van Niekerk batting extremely well to make the game a very tight affair.

YARM SCHOOL BOYS CRICKET TEAM OF THE WEEK

25th April - 4th May



Sport Weeks Ahead

The weeks ahead are now available online.

You can [view them here](#).

Girls' House Tennis Champions - Cuthbert



DON'T MISS - THIS WEEK!

Toploader

With over 84 million streams on Spotify alone in 2020, Toploader are gearing up for a busy 2021 & 2022 as they celebrate the 20 year anniversary since the release of their debut album 'Onka's Big Moka', which sold over two million copies and remained in the Top 5 of the UK album chart for over six months earning them 4 Brit Award nominations.

Saturday 7th May 2022, 7:30pm

[Book Online Here](#)



COMING SOON

Jimmy Tarbuck – A Life in Showbusiness

After more than sixty years at the very top of his profession Jimmy Tarbuck relives many of the most iconic moments of a life on stage and screen.

Featuring memorable footage highlighting a fabulously glittering career, from going to school with John Lennon to playing golf with Bing Crosby.

A story that retells the incredible journey of a true national treasure.

Friday 13th May 2022, 7:30pm

[Book Online Here](#)



A DATE FOR YOUR DIARY

An Evening with Lucy Worsley

Spend an evening with the Queen of History, Lucy Worsley, as she delves into the fascinating life of the Queen of Crime, Agatha Christie.

This promises to be an entertaining and enlightening evening, emphasising not just Agatha's unique gifts as a storyteller but her revolutionary qualities as a determined, successful, and thoroughly modern woman.

Lucy is Chief Curator at Historic Royal Palaces and a hugely popular writer, broadcaster and speaker. Her recent TV series include Blitz Spirit with Lucy Worsley (BBC One) and Lucy Worsley Investigates (BBC Two).

Friday 30th September 2022, 7:30pm

[Book Online Here](#)



LONELINESS ONLINE:

What Causes It and Ways to Feel Better

Have you ever been online and felt a little bit lonely?
In a recent study, 14% of 10–12-year-olds said they often felt lonely, so you're not the only one who sometimes feels that way. We spoke to a group of children and teenagers, who told us some of the things that make them feel isolated when they're online.

CAUSES OF LONELINESS ONLINE

-  Seeing photos or videos of friends having fun without me
-  Being excluded from group chats or games with friends
-  Friends or family not replying to texts or answering my calls
-  #16* People being unkind to me online
-  When friends leave my group chat



WHAT CAN YOU DO?

So if these things happen to you and you start to feel down, what can you do? The same young people also told us how they make themselves feel less lonely when they're online – and we've collected some of their advice to share with you.

- Tell a friend or a trusted adult that you feel lonely
- Watch funny videos of cats and pandas
- Watch yoga videos and do some exercises
- Play single-player games you enjoy
- Listen to happy music
- Listen to your favourite audiobooks
- Send nice messages to your friends and family
- Play games with friends who you trust, if they're online too



TAKE A BREAK

Sometimes the best thing you can do is to take a break from technology and do something offline that makes you feel happy.

Here's what our group suggested!

- Paint or draw pictures
- Play with a pet
- Write about your feelings
- Hang out with your family
- Get outdoors & enjoy nature



FURTHER SUPPORT

Remember, it's normal to feel a bit lonely sometimes – but if it's really upsetting you, and you have no-one to talk to, you can call Childline for free on

0800 111



 **National Online Safety®**
#WakeUpWednesday