



# The Phoenix Flier

Issue 702

Friday 25th March 2022

## The Yarm Preparatory School Newsletter

### A message from Mr Sawyer

**W**elcome to this week's edition of the Phoenix Flier, our penultimate one for the Spring Term. The last few weeks have flown by, as they always seem to at this time of year due to the many opportunities on offer during each school day. In this week's publication you will find a roundup of recent events across School including a flavour of what our magnificent pupils have been learning in their Enterprise sessions and computing lessons and a report on the fortunes of our teams in the recent Quiz Club competition. As always, there is much to celebrate with all of our boys and girls as they make impressive gains in their school lives. I do hope that this was clear in the parent consultations that have been happening this week which form a valuable aspect of our home and school partnership.

I am delighted that we have been able to share our recent inspection outcomes by sending you the final reports via email on Friday morning. We were thrilled with the inspection team's findings which judged both Prep and Senior Schools to be '**excellent**' in terms of the academic achievement and personal development of our pupils. To have secured such fantastic inspection findings is a brilliant outcome for the school. I am hugely grateful to the staff and pupils for their exceptional efforts. Thank you to all parents for your support during the inspection process too.

*Bill Sawyer*

### Head's Challenge:

A container without hinges, lock or a key, yet a golden treasure lies inside me. What am I?

### Photo of the Week:

A fun time was had by all at our Red Nose Disco, with over £600 raised for Comic Relief!



## Tooled Up Education

Spring finally feels like it has sprung (in fact, meteorologist David Bowker has written an [article](#) for us on exactly this subject) and the clocks change this weekend. It's just the right time to get outside and embrace the natural world, something that benefits the mental health and wellbeing of us all. To make family walks a bit more fun, why not take a look at our list of the [best nature apps for children](#)? As the days begin to get longer, remember the importance of a stable sleep routine. If you want to learn more about exactly how crucial good quality sleep is, make sure that you book onto our [unmissable webinar](#) with renowned psychologist, Dr Faith Orchard, on 27th April.

Over the last week, we've been busily responding to requests for new resources from members of our community. We hope you find the results useful! Firstly, we've teamed up with City Dietitians to get the best advice on encouraging reluctant children to try new foods. Follow our [step-by-step guide](#) and [top tips](#) and use our [new food reward chart](#) to ensure that children feel proud of their achievements when they sample a new flavour. You might also be interested in our new activities, designed to help children to cultivate positive friendships. The ['Yay or No Way!' Friendship Quiz](#) will encourage children to consider what makes a good friend and our [Social Scripts for Getting Along Better](#) can help children to navigate tricky situations with their peers.

It doesn't stop there! We've also created a [video](#) and a [tip sheet](#) on talking to younger children about sex and relationships, as well as a quick activity to help you [evaluate your comfort zone](#) when broaching conversations that you might find tricky. Don't forget, Tooled Up is your library! If you can't find what you need, we are always here to research and create the content that you are looking for.

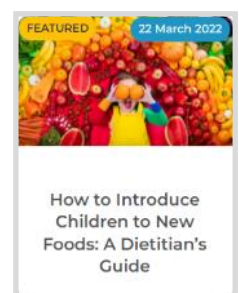
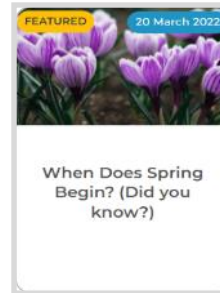
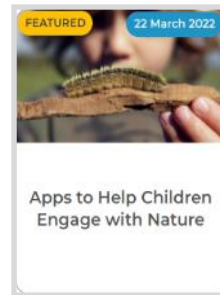
Finally, it's Mothers' Day on Sunday, but at Tooled Up, we like to celebrate families in all their wonderful forms. Take a look at our fabulous [booklist](#), which does just that!

The Tooled Up library is already packed with almost 350 evidence-based resources, including interviews with over 80 leading experts from around the world. But, it's your library and we want to know how else we can help you? What new resources would you like to see? Which ones do you love? What could we do better? We always value your feedback and want to ensure that we are giving you the resources that you need. Email us at [research@tooledupeducation.com](mailto:research@tooledupeducation.com) to let us know how we are doing!

Do you have any burning parenting questions? Did you know that Dr Weston will answer any parenting question that you ask? Have a peek at this week's parenting question on the front page of the [Tooled Up Education](#) site. If you have a question, why not submit it? All questions are treated anonymously and we promise we will answer.

**A quick reminder** As a parent at a Tooled Up school, you have full unlimited access to the Tooled Up library. If you have not created your account yet, click [here to register for an account](#). It takes less than 2 minutes to enter your details and unique school PIN: YPSII03 and if you need assistance, we are always happy to help at [support@tooledupeducation.com](mailto:support@tooledupeducation.com). If you already have an account and you have forgotten your password, then simply click on any of the resource links above, click "Lost your password" and follow the instructions.

*Dr Kathy Weston*





## Red Nose Disco





## Year 6 Telford Enterprise Activity

**This term Y6 Telford Carousel activity was Enterprise. During our last week of Enterprise we were given the task to bake delicious, yummy sweets for Willy Wonka.**

We needed to combine our creativity and our baking skills to make sweets for the whole of Y6 Telford. First, we had to describe the 4P's (Price, Place, Product and Promotion) about our treat. After everyone had a go, we got to do the taste test. All of us milled around, trying every single sweet. It was fantastic! We stashed some treats into our lunch boxes, or gobbled them up! They were all delicious, and so creative! Not only did we learn more about the 4P's, but we also had lots of fun! Thank you to all of Telford and also to Mr Grundmann for letting us have a sweet treats in school!

*Sofie M. and Chris I.*



## Digital Leaders Fake News

The Digital Leaders have exploring how easy it is to create realistic-looking fake news, using Mozilla's X-Ray Goggles to doctor well-known websites (and our Google Classrooms).



Andrea Arrol posted a new assignment: We're not doing any French today!  
14 Mar

Simon Pearce posted a new assignment: 10.3.22 Noise levels  
14 Mar

Dr Williams  
10 Mar

Dear Mr Pearce and 6P  
You're class has been exceeding the noise level for Yarm School. It is extremely disrupting for other classes and we have had complaints from teachers who are struggling to teach because of this nuisance. On another note, please talk to your class about outside and inside voices and when they should be used.  
Thank you!

goodfxxk

Recipes ▾ How to ▾ Health ▾ Inspiration ▾ Reviews ▾ Mother's Day ▾ Subscribe now

 Yummy food-apart from the nuts and coffee-EEWWWWWW- BTW it is shortbread:)

By Esther Clark  
★★★★☆ 10 ratings Data 4 screenshots

Master the subscription... by your first 5 news for only £1

Prep: 12000000 mins  
Cook: 10 hours  
plus chilling


Oh and it is for Mother's day so YEEEEE

Facebook Twitter Pinterest


Year 6 Computing  
100


Stream Classwork People


Leader:

 Featherstar

Other Cats: 22 cats

 Sageshikar


 Ashfur

 Icedapple

Konrad Harandon  
08:20

Good morning

Please arrive at the classroom ready for the Emu War, we will prepare to fight our fierce enemies.

 March 18th | EMU WAR PL...  
<https://www.emuwargovplans...>


1 class comment


Boris Johnson 16:22  
Ok, I will report this to other world leaders.


About 2,730,000,000 results (0.66 seconds)


Top stories

News about the best tea party with Kate and Liz!


 **Daily Mail**  
Prince Edward plants a tree in Kenya to celebrate Queen's Jubilee  
1 day ago

 **EXPRESS**  
'Came in from the cold' Queen's big Camilla statement on Diamond...  
2 days ago

 **USA TODAY**  
Prince William, Duchess Kate off to sunny Caribbean for tour to mark queen's...  
2 hours ago

 **Geo.tv**  
Special watch being made to celebrate Queen Elizabeths Platinum Jubilee  
17 hours ago

**Queen Liz/ The best tea party organiser!**

 **royal.uk**

Elizabeth II is Queen of the United Kingdom and 14 other Commonwealth realms. Elizabeth was born in Mayfair, London, as the first child of the Duke and Duchess of York. Her father acceded to the throne in 1936 upon the abdication of his brother, King Edward VIII, making Elizabeth the heir presumptive.  
[Wikipedia](#)

**Children:** Charles, Prince of Wales, Prince Andrew, Duke of York, Anne, Princess Royal, Prince Edward, Earl of Wessex **Trending**

**Born:** 21 April 1926 (age 95 years), Mayfair, London

**Full name:** Elizabeth Alexandra Mary Windsor

Please note: X-Ray Goggles allow the user to see the code behind any webpage, as well as allowing the user to create a customised version of the webpage to share via screenshot. It gives us the chance to explore HTML and fake news in a fun, hands-on way.



## PE and Games News





## News this week

### After School Care

After School Care is supervised by Miss Emma Jeffries and Mrs Sylvia Taylor. The care costs are as follows: 4.30-5.00pm - £2; 5.00-5.30pm - £3 (in addition to previous charge); 5.30-6.00pm - £3 (in addition to previous charge). Children involved in clubs until 5pm, children involved in fixtures and children whose siblings are involved in Prep School clubs and activities are not charged until these activities have finished.

**Please note the phone number for after school care: 01642 792584. It would help us enormously, if you are running late after 5pm, that you could contact this number to let us know your estimated time of arrival.**

*Mr Stone*

### 5H Fractions work

5 have been learning about fractions of amounts and played a loop card game to further their understanding.



*Mr Harandon*



### Quiz Teams Cruise to National Semis

Yarm saw an unprecedented three teams qualify for the Quiz Club National Schools General Knowledge Quiz competition last Thursday, with all three teams finishing comfortably in the top six.

The regional heat (including a plethora of teams from London and Surrey!), which took place online, saw 72 teams from 60 schools taking part. Our A team, comprising of Aisling Timmons, Marawan Saad, Benjamin Fulford and Olivia Tiew, started off superbly and after the first round were joint leaders.

The B team, which was formed by Thomas Pritchard,

Samuel Edgar, Satoshi 'Supersub' Yamaguchi and Olivia Annalise Dixon were a little slower starting, but maintained their place in the top 22 who would qualify for the national semi-finals.

Team C, led by Ella Fitzgerald and featuring Auden Ashwell, Niall Elliott and Imogen Clark, jumped about all over the leaderboard from start to finish, falling as low as 25th midway through the competition.

With five questions left, all three teams were looking good for qualification and all featured in the top ten, with the A team sitting 3rd. However the final five questions saw each question worth 100 points—there was still all to play for.

Incredibly, it was the B team who led the Yarm contingent home in an impressive 3rd place behind the two teams from Queen's Gate School, Kensington. Annalise can be very proud of her individual efforts, which saw her finishing as the second highest scorer in the heat out of 270 participants!

The C team came alive in the final round and finished a superb 5th, while the A team cruised home to finish 6th.

All of the children, including those who took part in the trials, can be incredibly proud of these efforts. We are the first school to have three teams reach the semi-finals and it is fair to say all three teams deserve it.

Onwards now to the national semis in April, which will be online—with a place in the London final at stake!

*Mr Stone*

### Uniform Showroom Opening Hours

Please note that the uniform showroom opening hours for the rest of the Spring Term are:

**Tuesday 1pm - 5pm**

**Thursday 1pm - 5pm**

Individual appointments outside of these times can be arranged if necessary, please contact Lesley or Jane in the showroom on 01642 792588 or via [uniformshop@yarmschool.org](mailto:uniformshop@yarmschool.org) with any queries.

Our uniform suppliers Perry continue to provide our online ordering service via their website [www.perryuniform.co.uk](http://www.perryuniform.co.uk). Standard delivery is free. Perry customer services can be contacted on 0113 238 9520. If you have any queries regarding the uniform Lesley and Jane in the showroom are also available to help.

### Holiday School

Please note our Holiday Schools will run on the following dates this academic year:

Easter—4th to 8th April

Summer— 18th July to 5th August

[To book places for the Easter Holiday School, please click here.](#)

Mr Simpson

## Parent Curriculum Information Site

<http://bit.ly/yarmpreparents>

Just to highlight this site again, please check for some recent additions including maths overviews, reading event slides, etc. If there is anything else you deem useful that you would like us to include, please let us know.

Mrs Pawluk

## Animal Farm

During February Half Term, members of Year 6 and First Year went to see an adaptation of 'Animal Farm' at the theatre. We learnt that George Orwell's story explores the communist revolution in Russia and life under Stalin. Through the characters of the story, the audience and readers observe how despite the initial ideals of communism, the government soon became more and more like a dictatorship. After watching the production, a number of us have read the book and met in our amphitheatre to discuss more matters connected to 'Animal Farm'. One of our many debates was if Napoleon the pig wasn't the leader who should have been? Some of us felt that Boxer the horse should have been the leader; personally I felt Benjamin the donkey would have been more suitable for the job as he was brave enough to challenge Napoleon's views. We also debated whether it was possible to have an equal society. However, the impossibility of this is perhaps suggested by the closing moments of the novel where the pigs have become more and more like humans.

Wilf D.



On the 22nd of February, a group of Year 6's and 1st Years joined Mrs Dugdale on a trip to Newcastle Theatre Royal to watch the production 'Animal Farm' by George Orwell. Those of us who hadn't read the book before, learnt that the

book was written in response to the Communist Revolution in Russia that Orwell presents through the idea of Animalism. Of course we were not going to just watch the production without reflecting on it! So, to enhance our analytical English skills and understanding of the book, on Monday, we met in the Amphitheatre at The Prep School. We enjoyed a packed lunch and discussed various aspects of the novel and engaged in lively debate. We discussed whether Orwell was sending a message to the reader with his writing about: Power and its influence upon a person; Power as a dangerous tool; and the clear consequences of Power. Despite this, one of the topics I found particularly interesting was whether the book portrayed what was going on in our world in this day and age, such as corrupt rulers who do not abide by the rules they have enforced: making harsh decisions with detrimental consequences. Overall, we all interpreted the questions differently, but debated about it in a sensible manner in the lovely spring sunshine. I would like to thank Mrs Dugdale for organising this amazing trip, it was definitely an experience to remember.

Danai M. (1st Year)

## Clubs and activities finishing dates

**Clubs and activities are now finished for the Spring Term. You will be notified of your child's allocation for the summer term next week via pupil planners.**

## World Water Day

The Year 6 Earthlings group, in response to World Water Day, carried buckets of water around the perimeter of the Astroturf, in order to experience some of the hardship faced by many African children.

Mr Pearce

African children as young as 5 have to provide water for their family by walking 3.7 miles everyday.



Today we walked two laps around the Astro with buckets of water which each contained 10 litres. For us, it was clean water but for them it would be dirty.

We use 150 litres of water everyday on average, but we have to be more cautious of not wasting water. World Water Day made us realise what others have to go through to get something we all take for granted.

Neev S., Elizabeth A. and Khushee A.



At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# SUPPORTING CHILDREN TO DEAL WITH UPSETTING CONTENT

## A Guide for Parents and Carers

Raising children in the digital age seems to be getting tougher, with the world currently experiencing so many uncertainties. From the continuing impact of COVID-19 to the war in Ukraine, right now children across the globe can scarcely go online without being exposed to unsettling stories, images and ideas. Reassuring a concerned child can be difficult, especially when bad news feels omnipresent. We've put together some advice to help you in discussing upsetting events with young ones.

### 1 FIND OUT WHAT YOUR CHILD KNOWS

There are many ways that children are exposed to upsetting content in the media, both online and offline. Before swamping your child with information, find out what they know already. Show them you're interested in what they have to say, practice active listening and try to gauge how much your child has been impacted by what they have seen.



### 2 RIGHT TIME, RIGHT PLACE

Starting a conversation about upsetting content probably isn't the best idea when your child is studying for an exam or about to go to bed. Choose a time when they're relaxed and open to talking, to make sure you have their full attention. Remember, these conversations can become emotional, so choose somewhere your child feels safe and comfortable.



### 3 KEEP IT AGE APPROPRIATE

With younger children, try and keep the conversation more general and avoid leading questions and complex detail. You can go slightly deeper into the specifics with young teenagers but keep monitoring their emotional response. With older teens, you can be more open about the realities and consequences of what is happening – but again, do stay aware of their emotional state.



### 4 EMPHASISE HOPE

Upsetting content can make us feel angry, scared. Upsetting content can make anyone feel angry, scared, sad or overwhelmed. Try to find stories of hope, generosity and strength related to the content you're discussing. Children often feel reassured when they know they can do something to help, so encourage your child's sense of control through activities which make them feel they're positively impacting the events they're concerned about.



### 5 MONITOR REACTIONS

All children react differently, of course, and young people might not directly say that they're scared, angry, anxious, confused or uncomfortable. Emotional reactions are natural when discussing upsetting topics, so take note of your child's body language and reactions. Allow them to express their feelings in a non-judgmental space and try to stay mindful of how they might be feeling.



### 6 CONSIDER YOUR EMOTIONS

It's not only young people who find upsetting news difficult to process: adults also have to deal with strong emotions in moments of stress. Children develop coping strategies by mirroring those around them, so staying on top of how you appear to be regulating your emotion on the outside is important for supporting your child through worrying times.



### 7 SET LIMITS

Managing screentime and content can be difficult at the best of times, but especially in unusual or stressful periods (at the start of the pandemic, for example), it's virtually impossible to keep children away from upsetting content completely, but it's important to try and at least limit exposure by using parental controls, talking about the dangers of harmful content and enforcing screentime limits.



### 8 TAKE THINGS SLOWLY

Try not to overwhelm your child with information all at once. Instead, take the discussion one step at a time. You could make the first conversation a simple introduction to a potentially upsetting subject and then wait until your child is ready to talk again. Opening the door to the conversation and demonstrating that your child can talk to you about this type of issue is a vital first step.



### 9 ENCOURAGE QUESTIONS

Online, troubling images, posts, videos and stories are shared across multiple platforms, many of which your child might access. Even if the content is actually inappropriate, encourage your child to discuss what they saw instead of being angry at them for seeing it. Children are still learning that not everything online is accurate – you want to be their ultimate source of information, not their device.



### 10 FIND A BALANCE

There's often a tremendous compulsion to stay right up to date with events. Our phones frequently send us push notifications urging us to read the latest article or view the most recent video on social media. It's essential to remind your child that it's healthy to take regular breaks, and to focus on positive events instead of 'doomscrolling' and risking becoming overwhelmed by bad news.



### 11 BUILD RESILIENCE

News has never been more accessible. While our instinct may be to shield children from upsetting stories, it's important that they're equipped with the tools to manage this content when they are exposed to it. Talk about upsetting content more generally with your child and emphasise that they can always tell you or a trusted adult if something they see makes them feel uneasy.



### 12 IDENTIFY HELP

It's hugely important that children know where to find support if they encounter upsetting content online. Encourage them to open up to an adult that they trust, and make sure they're aware of who their trusted adults are. It is essential that children understand that they're not alone, and that help is available if and when they need it.



### Meet Our Expert

Cayley Jorgensen is the director of FaceUp South Africa, which is a reporting system that is currently being used by schools and companies to fight bullying around the world. FaceUp helps give a voice to bystanders by encouraging them to speak up and get the help they not only want but need.



Sources: <https://www.bbc.com/news/health-55478018> <https://www.children.com/blog/supporting-your-child-with-upsetting-content/> <https://www.nice.org/guidance/114/talking-to-your-child-about-conflict-and-war>

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# Key Dates

## MARCH

Mon 28	Telford House Duty
Tue 29	Show Racism the Red Card—Y5 workshops
Wed 30	Y4 trip to Yorkshire Sculpture Park (5pm return)
Thu 31	Yarm U9 Football and Netball Festivals (1.45pm start)  Dance assembly (9.50am)

## APRIL

Fri 1	End of term  No after school care
Sat 2	<b>Y6 Sports Tour to Belfast departs</b>
Mon 4	Easter Holiday School begins
Tue 5	Belfast Sports Tour returns
Fri 8	Easter Holiday School finishes
Mon 25	<b>Pupils return</b>  <b>Summer term begins</b>  Activities Carousel 4 begins (Y4-6)  Y3 swimming lessons continue  Arkwright House Duty  Ramadan celebrations this week  <b>Pre-Prep finishing at 3.15pm all week</b>
Tue 26	Senior School Fashion Show (PAA; 6pm)
Wed 27	Y4 Vindolanda residential—meeting for parents (via Zoom; 4.15pm start)
Thu 28	Year 6 Junior Maths Challenge
<b>MAY</b>	
Sun 1	Ramadan  UK Chess Challenge Megafinal (PAA)
Mon 2	<b>School closed; Bank Holiday</b>
Tue 3	Brunel House Duty  Class and ensemble photographs by Tempest  <b>All before, during and after school clubs begin</b>  Curiosity Emporium (1pm; Library)  Knockout Chess begins

	House Table Tennis begins
Wed 4	Brunel Charity Day  Y5 London trip—meeting for parents (via Zoom; 4.15pm start)
Fri 6	LAMDA examinations  U10/11 Boys’ Cricket v Pocklington (away; 2pm start, 5.15pm return)  U10/11 Girls’ Cricket v Pocklington (home; 1.45pm start)
Sat 7	Open Morning (9am-12noon)
Mon 9	Stephenson House Duty
Tue 10	School Captains Day  U8 Cricket workshop with St Peter’s (Green Lane; 2.15pm start)
Wed 11	Year 4 Vindolanda residential departs
Thu 12	Year 1 trip to Centre for Life
Fri 13	Year 4 return from Vindolanda

**The answer to the Head's Challenge from last time was:** First fill the 3 litre jug. Then pour the 3 litres into the 5 litre jug. Now the 3 litre jug is empty, and the 5 litre jug has 3 gallons in it. Fill the 3 litre jug again. Slowly pour into the 5 litre jug. Only 2 litres will fit because it already has 3. Now it's full. Exactly 1 litre is left in the 3 litre jug. Dump out the 5 litre jug. Pour your 1 litre into the 5 litre jug. Fill up the 3 litre jug one more time and pour it into the 5 litre jug! You have exactly 4 litres.

## Weekly certificates

	Values	Endeavour
3B	Leo S.	Elliott E.
3R	Lottie L.	Alice W.
3W	Jack M.	Cooper W.
4J	Tallulah M.	Satoshi Y.
4N	Avik B.	Violet F.
4W	Hugo M.	Heidi K.
5H	Pippa J.	Violet M.
5K	Henry P.	Janaki M.
5W	Miguel RM.	Jessica M.
6G	Jacob B.	Aisling T.
6L	Jake D.	Khushee A.
6P	Luke P.	Rosie C.