

# The Phoenix Flier

**Issue 697**

**Friday 11th February 2022**

## The Yarm Preparatory School Newsletter

### A message from Mr Sawyer

Welcome to this week's edition of the Phoenix Flier which gives you a slice of life at Yarm Prep School. It has been an eventful week during which the community has really come together to showcase our school. We have hosted an inspection team from the Independent Schools Inspectorate who have been carrying out a Focused Compliance and Educational Quality Inspection. I am hugely grateful to all parents who completed the survey that was sent out earlier in the week and immensely proud of the commitment that the pupils and staff have displayed throughout.

I hope you enjoy the range of articles in this edition. You will find reports on Safer Internet Day, brilliant biographies, solar system investigations, sports and cross country reports and much more. Looking ahead, we are all excited about our Japanese themed STEAM week which commences on Monday. There are a brilliant range of workshops planned and a number of companies visiting us to showcase advances in engineering and their work in this area. The pupils and staff will be immersing themselves in all things Science, Technology, Engineering, Art and Maths. It is very much full STEAM ahead and we cannot wait!

*Bill Sawyer*

### Photo of the Week:

Our Year 6 librarians have begun a new initiative—Storytellers—where they read their favourite stories to children of all ages.

### Head's Challenge:

As big as a mountain, or small as a pea, I'm endlessly swimming in a waterless sea. What am I?



## Tooled Up Education

Did you know that it was [Safer Internet Day](#) earlier this week? And just at the right moment, Netflix has provided us adults with a timely reminder that it's not only young people who are at risk of being duped by internet con artists, by way of its new documentary, *Tinder Swindler*. Whilst this is definitely a programme for adults or older teens ([Common Sense Media rates it as suitable for aged 14+](#)), it reinforces the importance of teaching children to be critical consumers within the digital world. Not everyone is who they claim to be. Perhaps the family-friendly Saturday night show, *The Masked Singer*, can open up similar conversations about how people aren't always what they seem?

To celebrate Safer Internet Day, Dr Weston delivered an exclusive live webinar for Toolled Up subscribers exploring the ways in which parents can help children to become good digital citizens. If you missed the live event, look out for the recording in the library, coming soon.

The Toolled Up library is full of resources that can help to kick start good conversations about children's digital life. You'll find them all by selecting 'Digitally literate' in the 'advanced search'. Some top picks are our new [Internet Safety Conversation Starters](#), our [Digital Family Values](#) template, things to consider before [getting your child their first phone](#) and our [Parent-Child Phone Contract](#). We also have advice on [Snapchat](#) and numerous podcast interviews with leading experts. It's also worth checking out our tips on [parental controls](#), to make sure you are doing all you can to protect your children from inappropriate content.

For those interested in digital risks and bolstering children's digital resilience, you might enjoy the brand new webinar we have recorded with forensic psychologist, [Dr Aiman El Asam](#), on [online risk and vulnerabilities](#) and how these can be mitigated.

The Toolled Up library is already packed with almost 350 evidence-based resources, including interviews with over 80 leading experts from around the world. But, it's your library and we want to know how else we can help you? What new resources would you like to see? Which ones do you love? What could we do better? We always value your feedback and want to ensure that we are giving you the resources that you need. Email us at [research@tooledupeducation.com](mailto:research@tooledupeducation.com) to let us know how we are doing!

Do you have any burning parenting questions? Did you know that Dr Weston will answer any parenting question that you ask? Have a peek at this week's parenting question on the front page of the [Tooled Up Education](#) site. If you have a question, why not submit it? All questions are treated anonymously and we promise we will answer.

A quick reminder As a parent at a Toolled Up school, you have full unlimited access to the Toolled Up library. If you have not created your account yet, click [here to register for an account](#). It takes less than 2 minutes to enter your details and unique school PIN: YPS1103 and if you need assistance, we are always happy to help at [support@tooledupeducation.com](mailto:support@tooledupeducation.com). If you already have an account and you have forgotten your password, then simply click on any of the resource links above, click "Lost your password" and follow the instructions.

*Dr Kathy Weston*



## Safer Internet Week

### All fun and games?

Each year in the UK, we use Safer Internet Day to explore a new area or theme that are important to the young people we work with every day. This year it was celebrated with the theme 'All fun and games? Exploring respect and relationships online'.

For 2022 the Day, which we always turn into a Week at Yarm, celebrated young people's roles in creating a safer internet and the ways they are shaping the interactive entertainment spaces they are a part of. The platforms young people use are spaces for connection, community and collaboration, which is why the Week challenges them to foster supportive relationships and respectful communities, whilst equipping them with the skills they need to keep themselves and others safe in these spaces.

Speaking with our pupils is key to exploring their experiences on platforms where they can play games, interact with their peers and others, and take part in 'live' experiences such as video streaming. These platforms play such an important and positive role, providing children and young people with the means to interact with friends and as a great pastime, particularly during the lockdowns.

However, there are some emerging safety issues in these spaces as well as issues children have been navigating for some time; particularly the lack of respect individuals display towards each other, groups 'ganging up' against other groups, and the sense that it is easy to 'get away' with negative behaviour such as meanness, bullying and swearing.

This is also an issue among the online communities where are our pupils hang out. **This has been the focus of our assemblies and form times this week.**

### What we have been doing in computing this term

Over the past 5-6 weeks, every year group from 1-6 have been participating in online safety and digital literacy activities during their computing lessons. Coupled with the explosion in numbers of Digital Leaders (56 and counting!), our pupils should be more aware of the dangers of a digital life than ever before. Our Online Safety modules are adapted every year to take into account trends at school and nationally, as well as taking into account any updates to national policy.



Please do talk to them about the things we have covered so far! It helps to scaffold their learning and understanding of how to be safe online. We are still working on some of these areas!

**Year 1** started by looking at what private and personal information is and how websites ask for it. We then discussed that they can go to exciting places online, but they must follow certain rules to remain safe. To help us remain safe, we have rules to keep us safe online at home and school, with asking for permission key to these. We also looked at what being considerate online looks like and what to do if we accidentally upset someone online.

**Year 2** started by looking at what connected devices are and how these have benefits and drawbacks. We looked at how to navigate the web using the correct terminology, before exploring how to search for things online using Google Safe Search and other child-friendly search engines. After looking at what cyberbullying means and what to do if they see it, they are starting to explore what to do with images and work that does not have a name (copyright).

**Year 3** began by looking at why we need device-free moments and came up with family screen time plans. They then explored how the power of using kind words online can make the internet a better place, before discussing how to spot a fake image or video, and why people will edit their media. We have also looked by cyberbullying and the reasons why games and apps have PEGI ratings.

**Year 4** explored rings of responsibilities, discussing how their actions online can impact themselves, their friends and family and the communities around them. We followed this by exploring the differences between private and personal information, and what we should and should not share. The power of words and how things we say can be interpreted online led to some interesting discussions, before we looked at how keywords can help to streamline our searching and make it safer. We then looked at how to write a good email, before discussing what content is acceptable and unacceptable to share online.

**Year 5** discussed how to be a good digital citizen. We

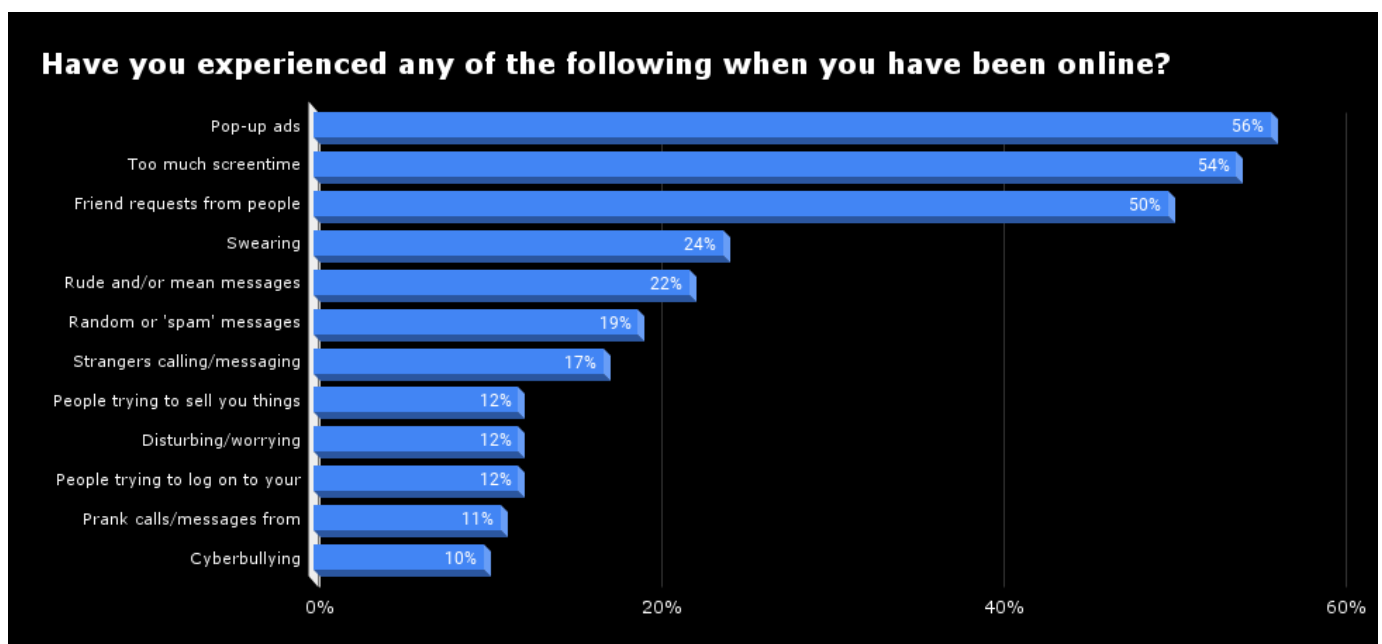


explored online images and how they may not always tell the story we think they might be telling us. After looking at spam emails and the key ways of identifying these, we began to gain an understanding of how some online sources are more reliable than others, with a particular focus on Wikipedia. We looked at the need to have a strong, regularly-changed password and what constitutes one of these. Finally, we will be discussing what is meant by the term Fake News and how we can become more discerning consumers of online information.

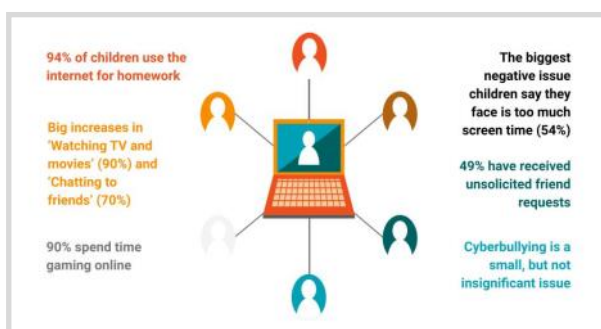
**Year 6** spoke about striking a media balance and the pitfalls of spending too long online. We discussed the benefits and drawbacks of how we present ourselves online, as well as what 'Finstas' are, before moving on to exploring the pros and cons with chatting online, particularly with people we may not know. We will also be looking at issues around copyright and plagiarism, finishing with looking at how to make safe, sensible decisions online before it is too late.

### Some Yarm School facts

The chart below highlights some of the negativity our pupils experience when they are online, based on responses from all of the Y3-6 pupils who took part in the recent 2022 Online Survey of Pupils (187 pupils participated). **Please spend time with your children looking at this data. Ask questions such as: Has this happened to you? How does it make you feel? Who have you told about it? Who could you tell? What could you do?**



### What Yarm children are doing online (according to the children and parents!)



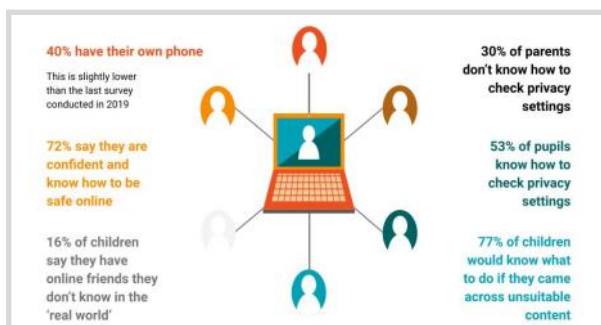
**YouTube** - 52% have accounts, at age when they are exploring content more. "Iffy stuff abounds". *Top tip: If your child is using this version, turn on 'Restricted Mode'.*

**Tik Tok** - 21% have accounts. App says users have to be 13, but the appeal to younger children is huge, with its focus on creativity, music and humour. *Top tip: As it is so hard to filter content, our recommendation is that children should wait until they are 13.*

**Snapchat** - 14% have accounts. App suggests 13 and over, but with the 'Snap Map' and 'Ghost Mode' there are lots of risks involved. *Top tip: Children should wait until they are 13.*

**Instagram** - 6% have accounts. Photo, video and messaging app. Insta say users must be 13 but admit it is hard to stop younger children setting up accounts. *Top tip: Any app like this needs locking down and close parent supervision, if it is to be used at all under 13.*

Mr Stone



## Year 6 biographies

The Year 6 children have been studying biographies and autobiographies. They got into pairs and interviewed each other, then wrote a 'chapter' for their biography of that person. Sofie wrote about Eva and Eva wrote about Sofie...!

### The day Sofie broke her left leg

At the start of the summer holidays 2018, Sofie had a dramatic experience. It all started when Sofie was on her way to an athletic club to do some sports. The club was only about ten minutes from her home and she was loving the idea of going back to see all of her friends again. Jumping, Sofie leapt over a drain with a weep of excitement. Little did she know this jump would change her life for a few years.

After the jump, a snake like pain swept over her leg and young Sofie found herself limping with pain. "Mum, I think I hurt my leg," cried Sofie. Her mind was whooshing with thoughts.

"I am sure you will be fine," replied Sofie's mum. Not another word was spoken until they got to the club. Sofie's mum had a small worried face because she had noticed Sofie's limping.

"Have a good time," Sofie's mum said with a worried glance. Sofie went through the doors and said bye to her mum.

In the club, the coach had also noticed Sofie's limping, so he asked her if she was okay. Sofie couldn't make any sound come out of her mouth so she just nodded her head. Suddenly, the coach called her mother to ask if anything had happened. Sofie's mum thought that it would only be a little bruise, but the coach insisted that she go home.

Instead of going home, they went shopping because they needed bread and flour. To Sofie, shopping lasted what felt like hours. Eventually, they finished shopping, but Sofie was told to push the trolley. This was too much for Sofie, but she knew she couldn't complain. With limping the whole time at the shop, Sofie's mum was worried.

At home, Sofie couldn't hold it in anymore and she found herself crying with pain. Luckily, her mum was a nurse and she examined her leg. Finally, it hit her and Sofie's mum was crying and was saying she was sorry for not believing her at first. The news broke out that Sofie's leg was broken. A few hours later, Sofie's dad came home from work and was really depressed to hear the news.

The next day, Sofie immediately felt pain whooshing through her as she woke up. A few seconds later, Sofie's mum came through the door and asked how she was feeling.

"I feel pain in my leg," replied Sofie, almost in tears. Without a thought, Sofie's mum took Sofie to the nearest hospital. The nurses and doctors there gave her a cast and told her to try not to walk a lot.

From that day, Sofie had to have check-ups every 6 months.

Eva T.

### Moving Schools

Eva was getting picked up from school when her mum called out "Say goodbye to your friends, you might not see them for a long period of time!". Eva waved goodbye, confused with tears in her eyes. Little did she know she was not going to see them for a long time.

During the lockdown Eva was getting ready to go outside for a walk, and suddenly her mum exclaimed, "Eva, you're not going to your old school!". Eva's mind was racing with hot rumbling lava like thoughts. What does she mean by old school? What is happening?

Eva was stuttering gibberish nonsense by now and she felt like steam was coming out of her ears. "You're going to a new school, Yarm Prep School!" Eva's mind raced with thoughts of nerves

and panic, she could feel her brain going to foam like a sponge draining out all the water. Eva stared at her mum in despair, her mouth wide open.

The last few days dragged along day and night. Eva was putting on her new uniform, fortunately, she was impressed! The skirt was just the right size, it didn't flop to the floor and it didn't feel like it was just freshly cut. The blazer, on the other hand, was very different to Eva.

Despite that, Eva was still anxious and her eyes were like fire gleaming with tears. She got in the car and the nerves were rumbling and panic was gaining power over Eva. She was always so positive and joyful but now was not the time for that. The ride was long from Hutton Rudby to the school and Eva's nerves were tight and full of strength. Finally, they arrived





at the school, it was colossal. Eva was an ant compared to the school. She waved goodbye to her family, and wiped her tears away. She went to the reception and received information of being in the class of 5W, and she had Miss Whitehouse as her teacher. The receptionist led her to her classroom. Eva saw 16 pairs of eyes staring back at her, she sat down at the empty chair that she was given. Next to her were two girls who immediately introduced themselves. The one on the right exclaimed "Hi, I'm Nethuki!" Then a voice on the left appeared "I'm Edie!" Eva had only one thing to say, "I'm Eva".

*Sofie M.*

## 5H—Solar System in my Pocket

On 4th February, 5H made scale models of the solar system using border paper. They also used large and small stickers to represent the planets. 1m of paper was used and split into eighths, with a large sticker representing Uranus as the midway point between the sun and Pluto. The children labelled the planets and added the distance from the sun for each planet as well as some facts. When folded up, this model of the solar system was able to fit in a blazer pocket and taken home to display proudly.

*Mr Harandon*





## PE and Games News

### Boys' Hockey

As the fixtures against Pocklington were cancelled the Y5 boys enjoyed playing their own fixture on Friday, with everyone enjoying the experience.

*Mr Simpson*

### U10 Netball

On Friday 4th February, we played a netball match. It was a bit chilly. Meanwhile, we had a really good time and match, we won. Willow scored the furthest goal and got player of the match. Amélie was a really good defender and saved a shot.

Maisy: I thought this was a really good match and really enjoyed it. They were really good.

Jessica: I really enjoyed the match and Pocklington were really good, but we still won.

Beatrix: The match was great, we won 8 - 2 but the match itself was still very close, the player of the match was Ellie which I thought she deserved.

Violet: I found the match really fun and I scored a few goals and our team won.

Ellie: I really enjoyed the match and I really liked it because we changed positions every time and I scored a few goals (and I got player of the match).

On Friday 4th February we had a very good match against Pocklington. The player of the match was picked from the last match of light blues vs yellows/navy blues. Amelia was the player of the match decided from Pocklington.

On Friday the 4th of February we played a netball match against Pocklington. Pocklington won by 6-5. Their centre was the girl of the match. Our girl of the match was goal defence (Amelia I). We played best in the first quarter because it was 1 nil to us! It was difficult in the last quarter because we were all cold. Next time we can improve on passing into space and only going where we are allowed to



go.

*Year 5 and Miss Bradley*

### Under 11 Netball

Nethuki: Always moving and never stops.

Charlotte Fer: Great passing.

Charlotte Fen: Great defending and coaches POM.

Rosie: Worked so hard and lots of turnovers.

Immie: Super interceptions.

Isobelle: Great passing.

Edie: Good shooting and swoosh!

Libby: Amazing shooting stats.

Nethuki: lovely passing.

Ella: Great defending and opposition's POM.

Emma: Nice passing.

Ying Ying: Amazing catching.

Tabi: Getting into space. Top goals!

Khushee: Great interceptions.

Lily: Driving into space well.





Charlie: Great shooting and movement.

Ash: Great interceptions.

Jing Jing: Getting into space well.

Zara: Great passing today.

Avighna: Marking really well.

Effie: Great play today.

## HMC Cross-Country

We took 30 children to the HMC cross country held at Barlborough Hall School just outside Chesterfield. It was a big event with over 360 pupils running on the day from 12 different schools including RGS Newcastle, Ashville, Ackworth, Ranby Hall, Dame Allans, and GSAL.

### Boys

In the boys teams at U9, U10, U11 we had a top 3 finisher with Satoshi and he received a medal to celebrate his success. James in the U10 team finished 6th and our highest place boy in the U11 was Alfie finishing 20th. As a team their places were all added together and the U9 team scored 97 points. The U10s scored a creditable 81 points and the U11s scored 149 points.

### Girls

In the U9 race Heidi K finished first for us, coming in 35th position. The team scored 177 points. Nona was our first finisher in the year 5 team and finished 6th which was an excellent run for her. The team totalled 74 points which was the best performance from any of our teams on the

day.

The U11's scored 85 points, which again was very good and Rosie C was our top finisher in 10th place. Overall though EVERY runner gave their all and they should be proud of making the Yarm team and doing their very best on the day.

As always they were super company all day, well behaved and so supportive of each other. As I said in assembly today these children not only ran far but will go far in life with the resilience they showed taking part in the race. Cross country tells us a lot about character and each and every runner showed character throughout the arduous run. This will stand them in good stead throughout life, I have no doubt!

I am proud of each and every one of them.

*Mrs Redhead-Sweeney*





## News this week

### Jeans for Genes on Rare Diseases Day—Monday 28th February



As a school, we are asking all children to bring in £1 and come wearing jeans with their school uniform on Monday 28th February (the first day back after half-term). This is to raise money for The David Ashwell Foundation on Rare Diseases Day.

In March 2011, Auden [5K] & Faye [1S] Ashwell's big brother, David was born. Forty-eight hours after birth David became seriously ill. David died aged only 15 days from Alveolar Capillary Dysplasia (ACD).

The David Ashwell Foundation supports research into ACD, which is a very rare disease affecting the lungs of newborn babies. Babies with ACD may appear normal at birth but

within minutes or hours they develop severe breathing difficulties. There is no treatment for ACD and as it is so rare, there has been little medical research into this devastating and usually fatal illness.

Since March 2011, The David Ashwell Foundation has raised over £250,000. The charity has funded eleven research grants to date and will fund further studies in 2022/23— providing answers to families who have lost babies and aiming to prevent the loss of babies from ACD in the future.

Join us on 28th Feb 2022 for Rare Disease Day and wear 'Jeans for Genes' to fundraise for our much needed research.

Thank you for supporting **The David Ashwell Foundation**.

Twitter: @TDavidAshwellF

<https://wonderful.org/fundraisers/384>

### After School Care

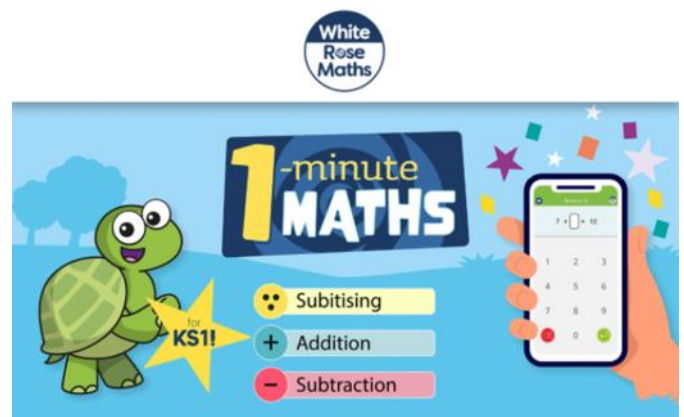
After School Care is supervised by Miss Emma Jeffries and Mrs Sylvia Taylor. The care costs are as follows: 4.30-

5.00pm - £2; 5.00-5.30pm - £3 (in addition to previous charge); 5.30-6.00pm - £3 (in addition to previous charge). Children involved in clubs until 5pm, children involved in fixtures and children whose siblings are involved in Prep School clubs and activities are not charged until these activities have finished.

**Please note the phone number for after school care: 01642 792584. It would help us enormously, if you are running late after 5pm, that you could contact this number to let us know your estimated time of arrival.**

Mr Stone

### 1 Minute Maths App



Great news! White Rose have launched a maths app, suitable for Reception to Year 3, to support the development of fluent numbers skills and increase confidence. All in easy one-minute chunks!

The app is free and there is no need to set up an account. More information can be found here <https://whiterosemaths.com/1-minute-maths>

Mrs Speight and Mrs Pawluk (Maths Leads)

### Crazy Crafts

Chinese new year celebrations continued in crazy crafts this week. The children made these wonderful origami tigers to commemorate the year of the tiger.

Mrs Arrol



## Uniform Showroom Opening Hours

Please note that the uniform showroom opening hours for the rest of the Spring Term are:

**Tuesday 1pm - 5pm**

**Thursday 1pm - 5pm**

Individual appointments outside of these times can be arranged if necessary, please contact Lesley or Jane in the showroom on 01642 792588 or via

[uniformshop@yarmschool.org](mailto:uniformshop@yarmschool.org) with any queries.

Our uniform suppliers Perry continue to provide our online ordering service via their website [www.perryuniform.co.uk](http://www.perryuniform.co.uk). Standard delivery is free. Perry customer services can be contacted on 0113 238 9520. If you have any queries regarding the uniform Lesley and Jane in the showroom are also available to help.

## Parent Curriculum Information Site

<http://bit.ly/yarmprepparents>

Just to highlight this site again, please check for some recent additions including maths overviews, reading event slides, etc. If there is anything else you deem useful that you would like us to include, please let us know.

*Mrs Pawluk*

## Storytellers

The Year 6 Librarians have taken the lead in promoting and running 'Storytellers' where they read to children twice a week in the library. Their first session was a great success and I am very proud of their proactive approach.

*Mrs Hart*

## YPSSC News

The YPSSC has received £404.86 commission from My Child's Art following the sale of the Christmas cards designed by the children. Thank you to all parents who supported this initiative.

YPSSC

## Year 5 Persuasive Speeches

The children of 5W created a persuasive speech to try and recruit

FRIDAY 11TH  
MARCH 2022  
7:30PM - 11PM



— APRÈS IN —  
**The Basement Bar**  
*featuring Lady V Saxophonist*

LIVE  
ENTERTAINMENT  
BY SAXOPHONIST  
LADY V  
[www.ladyvsax.co.uk](http://www.ladyvsax.co.uk)



ALPS INSPIRED  
BUFFET

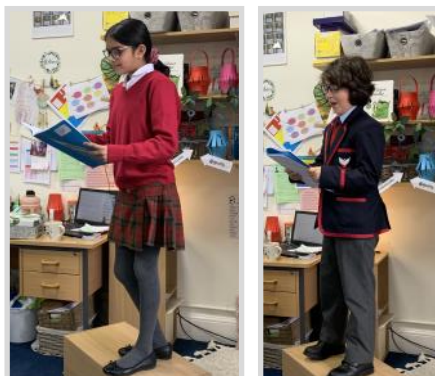
TICKETS AVAILABLE  
ON YSA WEBSITE  
FRIDAY FEB 4TH

[yarmschoolassociation.org](http://yarmschoolassociation.org)

TICKETS £15 PP

men to join the army in WW1! They used persuasive language, rhetorical questions and repetition to empathise their key points. They then performed their speeches to the class.

*Miss Whitehouse*



## Y4 RE

4W and 4N have made Matzah bread as part of their Study of Judaism and learning about the Passover Sedar.

*Mr Simpson*





At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit [www.nationalonlinesafety.com](http://www.nationalonlinesafety.com) for further guides, hints and tips for adults.

# 10 Top Tips for Respect Online: A DIGITAL WORLD FOR EVERYONE

Even before lockdowns inflamed the situation, one in every five 10- to 15-year-olds was experiencing bullying online: abusive messages, having rumours spread about them or being excluded from group chats, for example. Through smartphones and tablets, we're used to being able to communicate from anywhere, at any time – but digital devices became commonplace so quickly that it caused a problem: as a society, we haven't properly adjusted to how different they've made life. Our tips can help you to build positive relationships online and avoid some of the potential issues.

## WHAT IS NETIQUETTE?

Etiquette is a set of rules to help us interact with others: like a code of respect. People follow this code every day (mostly without even thinking about it) and it can help us decide how to act in certain situations. 'Netiquette' (etiquette on the net – we see what they did there!) is the same, except it's designed to help us interact with others online, which is sometimes a whole different ball game.

## 1 SEE THE OTHER SIDE

Usually when we're online, we can't use the other person's body language or tone of voice to give us clues about what we can say to them, or how to say it. Try to think what the situation might be like for them, how they're feeling and whether we'd say the same thing if they were actually there with us.

## 2 HIT THE PAUSE BUTTON

Without a person physically there in front of us, it's easy to send something quickly – before we've really thought about whether it's helpful or kind. Just because we can do things quickly doesn't mean we should; it's better to pause for a second and think it through, instead of simply reacting.

## 3 MIND YOUR LANGUAGE

People have invented loads of different ways to communicate online (emojis, abbreviations like LOL, TBH and so on). Some of these can be triggering to other people (such as USING CAPS SO IT LOOKS LIKE YOU'RE SHOUTING!), so it's important to stay aware of the style of language you're using.

## 4 BE SURE BEFORE YOU POST

On social networks like Instagram or Facebook, vast numbers of people might see what you've posted. So if that's something negative about a person, it can feel hugely painful for them. If you're ever tempted to post something like that, ask yourself "do I really need to go public with this?"

## 5 PROTECT YOURSELF

Always think very carefully before sharing any personal information with someone else or in a group. Once something's been put online, the sender loses any control over where it goes and who might see it. If you've got any uncertainty at all, it's a good idea to talk to a trusted adult about this first.

## 6 KINDNESS IS CATCHING

Negative communication can spread rapidly online, but so can being kind and helpful (this happened quite a lot during lockdowns, for instance). A friendly, positive message can make a big difference to someone as well as helping us feel good about ourselves – so share the love!

## 7 WAITING CAN BE HARD

When we've sent a message or posted something online, waiting for a reply or for someone to respond can make us anxious. It could be helpful to think whether you really have to message or post right now – or if you could wait until a better time when it will cause you less anxiety.

## 8 THE NET LOVES ATTENTION

Most apps, games and sites use sophisticated technology that's designed to keep us coming back for more. It's important to keep this in mind when you feel the need to reach for your phone, tablet or console – once we understand this fact, it becomes easier to control how we use our digital devices.

## 9 REPLY WISELY

Sometimes it's tempting to fire back an instant response to a post or message we don't like. How we respond is important, however – whether we reply privately to the person or on a platform where lots of people will see it, for example, makes a big difference to how whoever is receiving the message will deal with it.

## 10 FORGIVE AND FORGET

Even though we try to avoid them, mistakes can – and do – happen online. They can sometimes feel like a bigger deal than they actually are. It's important to remember that we're all only human, and sometimes we mess up. Learn to forgive others and – just as importantly – to forgive yourself.

## Meet Our Expert

Dr Carole Francis-Smith is an experienced counselling psychologist who, through her research, specialises in promoting safe and ethical online communications. She consults with businesses and organisations to support positive and effective communication online, often by considering some of the more hidden aspects of the mediums.



Source: <https://www.gov.uk/government/publications/online-and-social-media-safety/online-safety-in-england-and-wales/young-and-mid-2020>  
<https://research.publishing.sagepub.com/psychology/book/online-safety> | [https://www.warwick.ac.uk/publication/165443\\_The\\_Online\\_Celebration\\_Effect](https://www.warwick.ac.uk/publication/165443_The_Online_Celebration_Effect)

**NOS** National  
Online  
Safety®  
#WakeUpWednesday



[www.nationalonlinesafety.com](http://www.nationalonlinesafety.com)



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@nationalonlinesafety

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## Key Dates

<b>Mon 14</b>	STEAM Week
<b>Tue 15</b>	U8 Netball and Hockey workshops with Ashville (away; 2.15pm start, 5pm return)
<b>Wed 16</b>	Prep Duologues begin Nursery Big Winter Wander
<b>Thu 17</b>	Half-term begins (after school) After School Care as usual
<b>Fri 18</b>	INSET for teaching staff (no pupils in school)
<b>Mon 28</b>	Pupils return Year 3 activities carousel 3 begins (Swimming begins for Stephenson/Telford) <b>**NEW**</b> Jeans for Genes on Rare Diseases Day
<b>MARCH</b>	
<b>Tue 1</b>	House Pancake races
<b>Wed 2</b>	School Council HMC Netball (Hymers; times TBC) Maths Information Event (Prep Hall; 4pm)
<b>Thu 3</b>	World Book Day U11 North-East Girls' Hockey Finals (Durham Uni.; 10am start, 4pm return)
<b>Fri 4</b>	U10 Netball v Ashville (away; 2.15pm start, 4.45pm return) U11 Netball v Asvhille (home) U10 Rugby v St Peters (home) U11 Rugby v St Peters (away; 2.15pm start, 4.30pm return)
<b>Sat 5</b>	UK Chess Challenge (school round) (Prep Hall; 9.30am-2pm)
<b>Tue 8</b>	Curiosity Emporium Telford Charity Morning Year 2 trip to Durham Cathedral
<b>Wed 9</b>	Informal Concert (4-5pm; Prep Hall)
<b>Thu 10</b>	Year 3 Football v DCSF (home; 2pm start)
<b>Fri 11</b>	HMC Boys' Hockey (at Pocklington) (9.15am depart, 11am start, 3.45pm return) U11 Netball v DCSF (away; 2.15pm start, 4.30pm return)

U10/11 Hockey v Ashville (away)

<b>Mon 14</b>	ABRSM examinations week  6G/half 6P Evacuees Day at Murton Park (8.15am-5pm)  Year 5 Mars Day
<b>Tue 15</b>	6L/half 6P Evacuees Day at Murton Park (8.15am-5pm)  HMC Chess (U9/U11 teams)  (QEGS; 8am depart, 5.45pm return)

**The answer to the Head's Challenge from last time was:** We all get old at the same time.

## Weekly certificates

	Values	Endeavour
<b>3B</b>	Leo S.	Imogen C.
<b>3R</b>	Alice W.	Lottie L.
<b>3W</b>	Alia M.	Henry S.
<b>4J</b>	Ella L.	Samuel I.
<b>4N</b>	Aphelia S.	Kamesh K.
<b>4W</b>	Joseph A.	Benjamin F.
<b>5H</b>	Griff W.	Marawan S.
<b>5K</b>	Louisa P.	Jessica F.
<b>5W</b>	Oliver X.	Sumi K.
<b>6G</b>	Eva T.	Ewan G.
<b>6L</b>	Charlotte F.	Felicia J.
<b>6P</b>	Jaydon Z.	Charlie E.

### Head Teacher Awards:

**Year 3:** Emily Q., Henry S., Bella M., Leo S., Livvie C., Annalise D., Elliott E.

**Year 4:** Laurel G., Heidi K., Hugo M., James A., Joey P.

**Year 5:** Daisy N., Miguel RM., Charlie M. (2), Will M., Wilf S., Seth T., Felicity L., Bea M., Harriet B., Edward T-P., Olivia J., Auden A., Arvind K., Amelia O'C. (2), Louisa P., Henry P., Darcey-Rue R., Thomas F.

**Year 6:** Zara W. (2), Felicia J., Ella F., Claudia P. (2), Jude T., Rorke A., Yingying L., James R., Waleed A., Katie C., Archie A., Luke P., Elizabeth A., Nethuki M., Ewan G., Lily C., Eva T., Emily E. (2), Libby S., George H.