



The Phoenix Flier

Issue 693

Friday 14th January 2022

The Yarm Preparatory School Newsletter

A message from Mr Sawyer

Welcome to this edition of the Phoenix Flier - your weekly slice of life at Yarm Prep. Clubs and Activity lessons have commenced across the school and have resulted in many endeavours being enjoyed by our pupils. It is fantastic to see the range of opportunities on offer this term in all aspects of our extracurricular provision. Whether a Monday or Wednesday activity lesson, or a before school, lunchtime or after school club, they provide valuable breadth to the pupil experience at Yarm Prep. New skills, friendships and interests are furthered through the extra curricular aspects of school. Children don't need to specialise at this age, they can enjoy sampling different pursuits as they journey through the Prep School. Variety is indeed the spice of school life, it makes for a well-rounded learner and it is lots of fun too.

We have enjoyed discussing sustainability in our assemblies and form time sessions this week. We were very fortunate to hear from guest speakers who shared their passions for sustainability in their areas of expertise. Joe Dugdale, from Crathorne Farms, kicked off the week with a deep dive into soil care and sustainable practices in farming. We were treated to a whistle stop tour of intensive agricultural techniques and the corrective steps the farming industry is now taking. On Thursday we were joined by Angela Morris, CEO of Woolcool, via Google Meet who shared her deep interest in sustainable packaging solutions. Angela told us about her 'eureka moment' when she was designing a product for the National Trust using waste wool. That was back in 2008 and Woolcool was born. They now use over 3 million waste wool fleeces each year! Huge thanks go to Joe and Angela for giving up their time and really engaging our pupils in such an important issue.

*Bill
Sawyer*

Photo of the Week:

The netball season is getting underway, with the first fixtures taking place this week, at the time of writing. Good luck girls!

Head's Challenge:

If I had 4 eggs and a thief gave me 3 and my rooster laid 5 more, how many do I have?



Tooled Up Education

Happy New Year from the Tooled Up Team! Now that we are moving firmly into 2022, make sure that you keep checking out the [Tooled Up library](#) as we are adding new resources all of the time and have several webinars planned over the next month or so. As we get into the swing of things this January, we strongly recommend encouraging the whole family to think a little about the year ahead by filling in our brand new [Goal Setting Planner](#).

Have you checked out our new [webinar section](#) yet (you can find it in the advanced search function)? It's packed full of recordings of all of our webinars with leading experts from the worlds of mental health and education, along with accompanying notes if you are short on time and want to pick up on the key points. Delve in and you'll find expert advice on [anger management](#), [improving sleep](#), [eating disorders](#), [OCD and anxiety](#), [self-harm](#) and nurturing the mental health of [LGBTQ+](#) teens. You can also find out more about [deafness](#), [gender stereotypes](#), [nurturing young athletes](#), [sports nutrition](#), [degree apprenticeships](#), the [university application process](#) and [young people's relationship with fire](#). Phew!

Don't forget to look on the Tooled Up site to find out what webinars we have coming up. On 24th February, you can join Dr Weston for a talk on Raising a Resilient Child and on March 9th we'll be sharing evidence-based tips on helping children to thrive academically. [Book your free tickets now!](#)

The Tooled Up library is already packed with almost 350 evidence-based resources, including interviews with over 80 leading experts from around the world. But, it's your library and we want to know how else we can help you? What new resources would you like to see? Which ones do you love? What could we do better? We always value your feedback and want to ensure that we are giving you the resources that you need.

Email us at research@tooledupeducation.com to let us know how we are doing!

Do you have any burning parenting questions? Did you know that Dr Weston will answer any parenting question that you ask? Have a peek at this week's parenting question on the front page of the [Tooled Up Education](#) site. If you have a question, why not submit it? All questions are treated anonymously and we promise we will answer.

A quick reminder As a parent at a Tooled Up school, you have full unlimited access to the Tooled Up library. If you have not created your account yet, click [here to register for an account](#). It takes less than 2 minutes to enter your details and unique school PIN: YPS1103 and if you need assistance, we are always happy to help at support@tooledupeducation.com.

If you already have an account and you have forgotten your password, then simply click on any of the resource links above, click "Lost your password" and follow the instructions.

Dr Kathy Weston



Promoting Excellent Mental Health in LGBTQ+ Teens with Dr Claire Harvey MBE



OCD and Anxiety in Children: A Parents' Guide with Dr Anna Conway Morris



Understanding Sleep, Sleep Problems and 'What Works' with Joanna Kippax



Understanding Children's Anger and Optimal Strategies for Managing it with Dr Anna Colton



2022 Goal Setting Planner



Eating Disorders: FAQs with Dr Sophie Nesbitt

PE and Games News

The netball season is underway, with all year groups getting in some training sessions ahead of some forthcoming fixtures, while Year 3 continue their swimming lessons.



Gazette

Year 3 Crazy Crafts

This week's crazy crafts saw the children mastering Japanese weaving.



Year 6 Persuasive Writing

Have you ever thought about being environmentally friendly? Well, you should! Small changes like using less plastic, turning off lights and buying locally sourced food can have a bigger impact than you would think. Doesn't that seem fairly easy? It is, and if everyone can make small changes, we can all build a more sustainable and cleaner world for all living creatures. Just think about it!

First, let's talk about climate change and how we can prevent it. Climate change is caused by an overload of carbon dioxide in the atmosphere (CO₂). Humans breathe out small amounts of carbon dioxide but almost all carbon dioxide comes from cars. Cars release these harmful gases into the atmosphere and it heats up our planet. Doesn't it sound awful? You can help make a change by walking or cycling to places that you can.

Secondly, let's talk about plastic. Plastic is not biodegradable

and can take hundreds and thousands of years to rot and degrade. We can do small things like buy usable plastic bags, buy less things that have plastic wrappers and bags around them. Many stores like Sainsbury's are offering reusable bags for your shopping and loose fruit and vegetables made out of mesh. These bags are 50p-£1 each, which is a fairly cheap way to help the environment. You can also try and buy locally sourced food to reduce how far these products have travelled, stopping harmful gases going into the atmosphere.

In conclusion, I think we should try our best to live more environmentally friendly lives because although it is a bit harder and more expensive, it will be worth it in the end. So, let's all try to reduce, reuse and recycle.

Emma S.

After School Care

After School Care is supervised by Miss Emma Jeffries Mrs Sylvia Taylor. The care costs are as follows: 4.30-5.00pm - £2; 5.00-5.30pm - £3 (in addition to previous charge); 5.30-6.00pm - £3 (in addition to previous charge). Children involved in clubs until 5pm, children involved in fixtures and children whose siblings are involved in Prep School clubs and activities are not charged until these activities have finished.

Please note the phone number for after school care: 01642 792584. It would help us enormously, if you are running late after 5pm, that you could contact this number to let us know your estimated time of arrival.

Mr Stone

Parent Curriculum Information Site

<http://bit.ly/yarmprepparents>

Just to highlight this site again, please check for some recent additions including maths overviews, reading event slides, etc. If there is anything else you deem useful that you would like us to include, please let us know.

Mrs Pawluk

Join an After School Club!

We have spaces available in the following clubs. If your child is interested, please contact Mr Stone for further details.

Monday—Y5/6 Kick Boxing—Open to all, kick boxing is a great activity to raise fitness and learn a new sport with coach, Garry Bell.

Tuesday—Y3/4 Silver Stories—Open to all, Silver Stories is a chance to write a story, then share it with the residents of Middleton Hall Retirement Village and Park House Care Home, Stockton via Google Meet.

House Assemblies

We had our first house assemblies of the week, with the new house captains arranging litter picks, talking about sustainability and running quizzes using Kahoot!

Arkwright

We explored the new plantings in the school car. Each year group was given a different area to count and we chatted about why planting trees is a good thing. When we built the car park, we had to promise to replant every single plant. According to the survey Arkwright did, we found out we have planted over six hundred plants and trees. So not only did we replant every plant, we planted more and sustained wildlife in a place full of cars.

Thea S.

Brunel

Our House Captain and Vice-Captain created a Kahoot quiz for Brunel to complete all about sustainability.

Elizabeth - We had to create a Kahoot, I enjoyed making it for the rest of Brunel.

Wilf - I enjoyed making the quiz and seeing the faces of people when they got the question right.

Violet - I enjoyed the quiz and I felt happy when I won!

Marianne - The quiz was tricky but I enjoyed it!

George - I liked the quiz but it was pressurised!

Harriet - Thank you to Elizabeth and Wilf for making the quiz.

Miss Whitehouse

Stephenson

We carried out a litter pick around the school grounds.

Telford

In Telford's house assembly we had lots to discuss. We picked our chess teams for the House Chess tournament and decided on which charity we will raise money for later this term. There are lots of exciting ideas on how to raise money so watch this space!

Mr Pearce set a challenge to make as many words as possible from 'Telford.' Ben's group gathered the most. Here are some examples: Fled, Ford, Older, Fret. The largest word we could make from 'Telford' was Folder. The children collaborated well in their groups and thrived in this brain teaser.

Mr Harandon



What Parents & Carers Need to Know about

FORTNITE

CHAPTER 3

AGE RATING
PEGI
12

IN-APP PURCHASES

REPEAT SUBSCRIPTIONS

COMPETITIVE COMMUNITY

Advice for Parents & Carers

POSSIBILITY OF SCAMS

USER-CONTROLLED CONTENT

STAY AWARE OF SPENDING

TALK ABOUT TALKING

ENCOURAGE BREAKS

DISCUSS OTHER APPS

Meet Our Expert

 **National
Online
Safety®**
#WakeUpWednesday

Sources: <https://www.epicgames.com/fortnite/en-US/fortnite-own-subscription>; <https://www.epicgames.com/help/en-US/fortnite-CPS/battle-royale-cps-how-do-i-get-more-vbucks-in-battle-royale-a274/>; <https://www.epicgames.com/fortnite/en-US/subscriptions/cps-fortnite-royale-cps-a280/>; <http://www.fortnitemanager.com/news/567/>; <https://www.warnerbros.com/franchise/FORTNITE/en-us/home>

Key Dates

JANUARY

Sat 15	Prep Open Morning (9am-12noon)
Tue 18	U8 Netball Workshop with Queen Mary's (away; 2pm start, 4.15pm return) Dr Forshaw Egyptians talk with Year 4
Wed 19	School Council (1pm)
Thu 20	U9 Netball v Queen Mary's (away; 1pm start)
Fri 21	U10/11 Hockey v Cundall Manor (away; 2pm depart, 3pm start, 5pm return) U10/11 Netball v Queen Mary's (home; 2pm start) U11 Girls' County Hockey Tournament (Norton; 2pm start, 4.15pm return)
Mon 24	House Chess—Matchday 1
Tue 25	POSTPONED Primary Schools Singing Day

U8 Netball/Football v St Peters (away; 2.15pm start, 4.30pm return)
Wed 26 Maths Information Event (Prep Hall; 4pm) House Chess—Matchday 2
Fri 28 U10 Netball v Barnard Castle (home; 2.15pm start) U11 Netball v Barnard Castle (away; 2pm start, 4.30pm return)
Mon 31 Activities Carousel 3 begins (Y4-6 only) Chinese New Year Week House Chess—Matchday 3

FEBRUARY

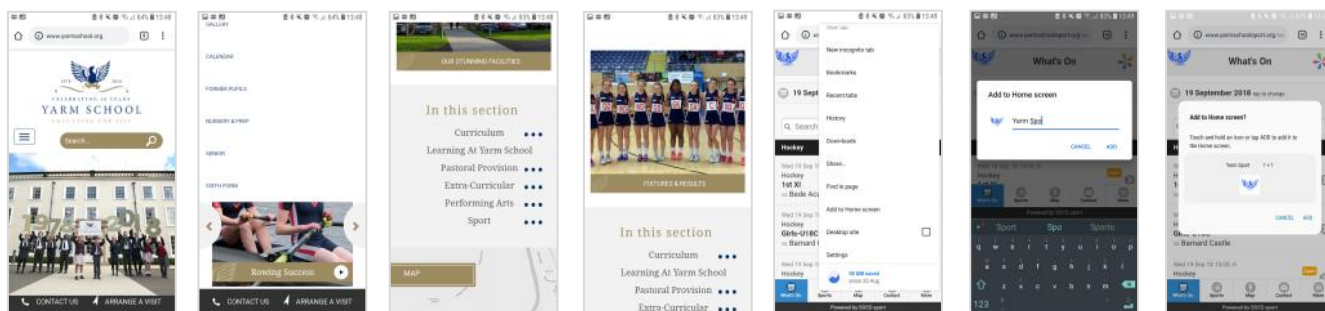
Tue 1	Chinese New Year Curiosity Emporium (Library; 1pm)
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The answer to the Head's Challenge from last time was:

How to set up Fixtures Pro on your Smartphone

It's how to find details of sports fixtures and team line-ups for the Prep School. It is also very easy to set up on your Apple or Android device. Please follow these instructions.

FOR ANDROID DEVICES:



1. Access the Yarm School website via the browser on your device.
2. Click on 'Senior School' at the top of the page.
3. Click on 'Sport' which appears down the left-hand side.
4. Click on 'Fixtures and Results'.
5. In the top-right corner of the browser, click on the three dots, then click on 'Add to Home screen'.
6. Give the link a name.
7. Add to your phone home screen.

FOR APPLE DEVICES:



Follow steps 1-4 above, then:

- 5) At the bottom of your phones screen drag your finger up and you have a square and arrow icon (photo left) and if you click this you can then see the icon that says 'Add to home screen'. Click this.
- 6) Congratulations! You are all set and on your phone screen you should see the Yarm School logo which is now your very own shortcut to team sheets etc.