

### A message from Mr Sawyer

**A**s October is Black History Month we are using this as an opportunity to further our celebration of diversity across the School. In our assemblies we have enjoyed looking at the importance of race and the fascinating narrative that this tells us about each other. We have travelled in time back to 1963 and learnt about Martin Luther King Jnr and zoomed back to the present day to look at the Black Lives Matter movement. In doing so we have questioned whether we have come far enough in terms of equality and inclusion in the last 50 years. Furthermore, in our PSHE lessons and Form Times a superb range of black heroes have been studied and thought provoking questions discussed. I am grateful to Mrs Sawyer and Miss Darbar, our PSHE Coordinators, who have sourced and curated a wonderful range of texts and digital resources for the School to use. Black History Month is a great starting point to help our pupils understand and celebrate diversity. The work in this area is always ongoing and we are committed to reflecting this across all aspects of school life going forward.

In the pages of this week's newsletter you will see a brilliant range of learning adventures that our pupils have enjoyed across the curriculum and in many areas of the Yarm School estate. Towards the end of this edition are details of an exciting forthcoming parent webinar from Dr Kathy Weston. We have been working with Dr Weston since the beginning of this calendar year and I recommend her highly to you. Her webinar after half term looks at developing family resilience and the steps we can all take to help our children thrive. Please do register for a place via the link.

*Bill Sawyer*

### Head's Challenge:

You can't see me, but I can see through you. What am I?

### Photo of the Week:

Our Kindness Crew have been hard at it again, bringing a smile to our faces!



### PLEASE NOTE:

**There will be no after school clubs week commencing 12th October 2020 due to parent consultations (except for dance, gymnastics and kickboxing).**

After School Care is available for those families who need it. Please contact [gns@yarmschool.org](mailto:gns@yarmschool.org) to book.

## Year 5

In 5B we have been doing an experiment to understand the process of river erosion. We made our rivers from soil and stones and decided that we would look at the speed and volume of the water we put into our rivers.

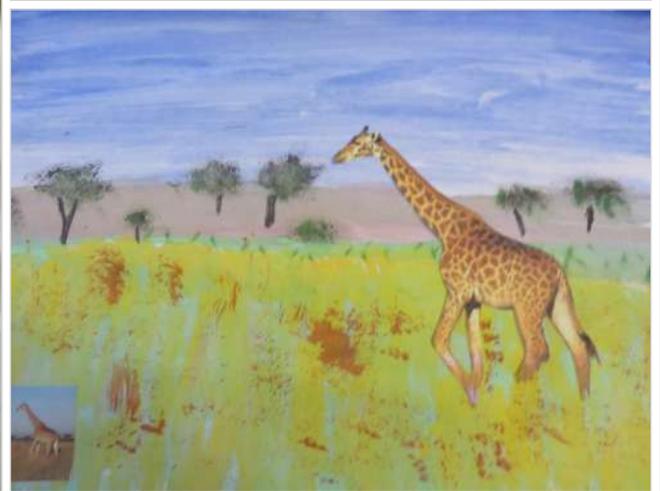
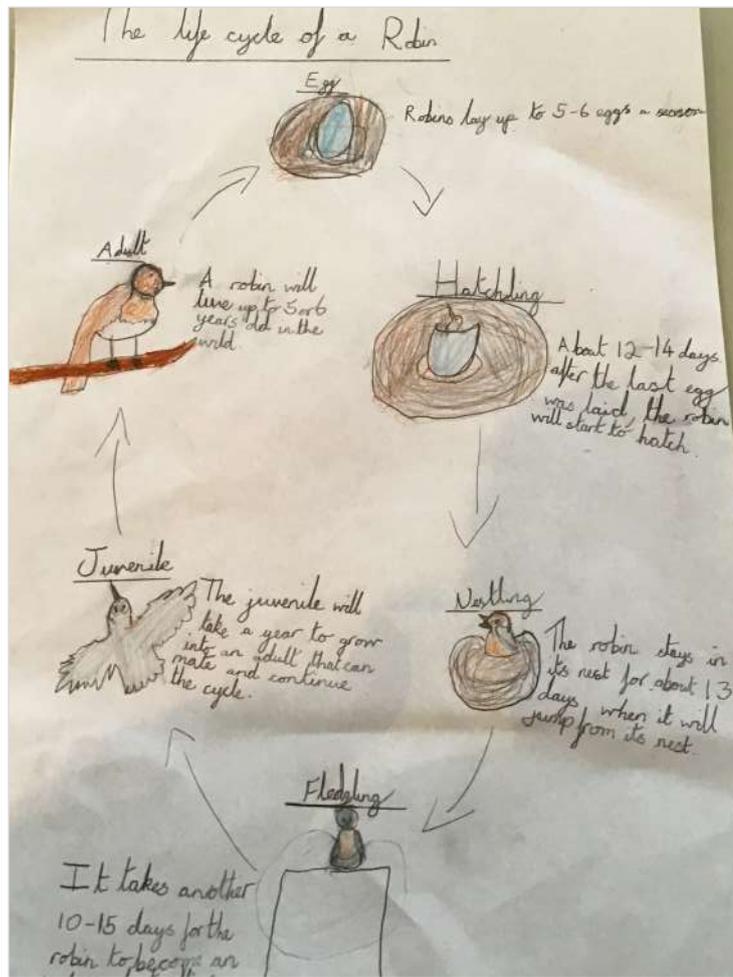


# Year 4

4N have been exploring the stomach in science and how it consumes food.



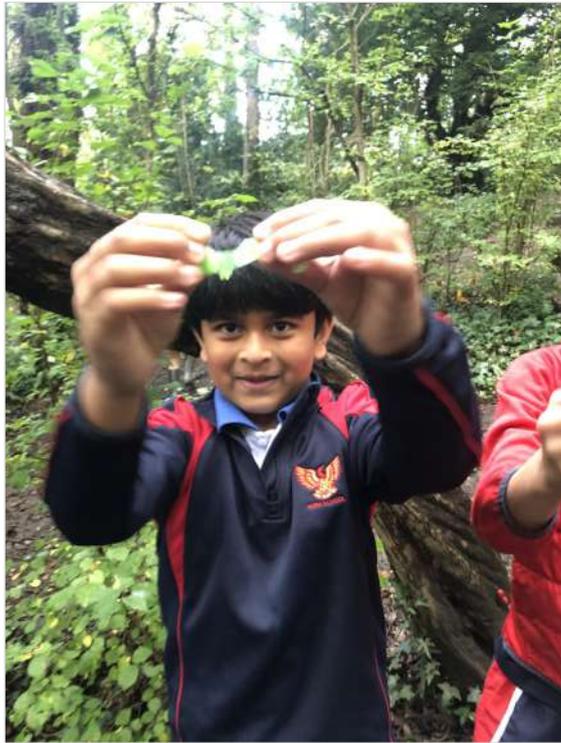
Some homework menu items this week, with Amelia producing some splendid art work and Noah showing the lifecycle of a robin.



### Year 3

The Year 3's made a mysterious discovery in the woods this week... It would appear the Minpins have set up camp in the woods!





We went to explore the Senior School woods today. I saw a teeny tiny door. I put my ear to the tree and heard something unusual. On the ground nearby I saw golden glitter.

*Niall E.*

Today we went to the wet muddy, woods but we found out that someone, or should I say some people, had been here before us! Year 3 discovered the Minpins were living in the woods. We found some sparkly glitter and some purple and green shiny slime. Minpin clothes hung on a Minpin washing line and a little letter that we could not quite read!



*Laurel G.*

We ventured down to the Senior School woods to find someone or something had got there before us. We found long horns, neon, pretty fairy lights, a miniature note and leaf like clothes as evidence.

*Joey P.*

We think there are Minpins in our woods because there are suddenly secret entrances to tree trunks, different coloured metallic slime, sparkly golden glitter and unusual claw marks on the trees.

*Thea S.*

## Year 6

Year 6 have been combining homework tasks, mixing their work on volcanoes with baking for their families!

I made a volcano cake for one of my homework menus, It was very fun and my brother helped me. Everyone loved it and we ate lots of it for pudding.

Sarah A.



6G have been making periscopes and pinhole viewers in science 'Light' topic.





# PE and Games News

We have continued to work on fitness in PE lessons and the theme has been 'interval training' and how our heart rate reacts during this type of exercise. Interval means there are breaks actually within the session, for example 15 seconds sprinting and 15 seconds rest and repeat. In the lesson we also had runs where one pupil worked while the other rested and then they swapped. Lots of work but also lots of breaks to recover and allow heart rates to drop again.

Next week the pupils will run the multi-stage fitness test, more commonly called The Bleep Test, but the pupils will reduce the distance run to a manageable 15m instead of the usual 20m! The level of fitness varies across the board so it continues to be an aim of the department to increase fitness levels across all 4 year groups.

In Year 3 we have introduced an extra 'mile' run on a Friday afternoon before lesson 5 begins and we will continue with this to drive the fitness levels up in that year group. They also run/walk a mile on a Monday in PE lessons. It was super to see some staff members



joining in as well last week and running to the music and cheers of Year 6. We would welcome support from home to reinforce this healthy active lifestyle message.

*Mr Underwood and Mrs Redhead-Sweeney*



<b>COVID-19 (coronavirus) absence: A quick guide for parents / carers</b>		
<b>What to do if...</b>  <p>...my child has COVID-19 (coronavirus) symptoms*</p>	<b>Action needed</b> <ul style="list-style-type: none"> <li>Child shouldn't attend school</li> <li>Child should get a test</li> <li>Whole household self-isolates while waiting for test result</li> <li>Inform school immediately about test results</li> </ul>	<b>Back to school...</b> ...when child's test comes back negative
<b>What to do if...</b>  <p>...my child tests positive for COVID-19 (coronavirus)</p>	<b>Action needed</b> <ul style="list-style-type: none"> <li>Child shouldn't attend school</li> <li>Child self-isolates for at least 10 days from when symptoms* started (or from day of test if no symptoms)</li> <li>Inform school immediately about test results</li> <li>Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> </ul>	<b>Back to school...</b> ...when child feels better, and has been without a fever for at least 48 hours They can return to school after 10 days even if they have a cough or loss of smell / taste. These symptoms can last for several weeks once the infection is gone.
<b>What to do if...</b>  <p>...somebody in my household has COVID-19 (coronavirus) symptoms*</p>	<b>Action needed</b> <ul style="list-style-type: none"> <li>Child shouldn't attend school</li> <li>Household member with symptoms should get a test</li> <li>Whole household self-isolates while waiting for test result</li> <li>Inform school immediately about test results</li> </ul>	<b>Back to school...</b> ...when household member test is negative, and child does not have COVID-19 symptoms*
<b>What to do if...</b>  <p>...somebody in my household has tested positive for COVID-19 (coronavirus)</p>	<b>Action needed</b> <ul style="list-style-type: none"> <li>Child shouldn't attend school</li> <li>Whole household self-isolates for 14 days from day when symptoms* started (or from day of test if no symptoms) - even if someone tests negative during those 14 days</li> </ul>	<b>Back to school...</b> ...when child has completed 14 days of self-isolation, even if they test negative during the 14 days
<b>What to do if...</b>  <p>...NHS Test and Trace has identified my child as a 'close contact' of somebody with symptoms* or confirmed COVID-19 (coronavirus)</p>	<b>Action needed</b> <ul style="list-style-type: none"> <li>Child shouldn't attend school</li> <li>Child self-isolates for 14 days (as advised by NHS Test and Trace) – even if they test negative during those 14 days</li> <li>Rest of household does not need to self-isolate, unless they are a 'close contact' too</li> </ul>	<b>Back to school...</b> ...when the child has completed 14 days of self-isolation, even if they test negative during those 14 days
<b>What to do if...</b>  <p>...we / my child has travelled and has to self-isolate as part of a period of quarantine</p>	<b>Action needed</b> <ul style="list-style-type: none"> <li>Do not take unauthorised leave in term time</li> <li>Consider quarantine requirements and FCO advice when booking travel</li> <li>Provide information to school as per attendance policy</li> </ul> <p><b>Returning from a destination where quarantine is needed:</b></p> <ul style="list-style-type: none"> <li>Child shouldn't attend school</li> <li>Whole household self-isolates for 14 days – even if they test negative during those 14 days</li> </ul>	<b>Back to school / other agencies inform you that restrictions have been lifted and your child can return to school again</b> ...when school / other agencies inform you that restrictions have been lifted and your child can return to school again
<b>What to do if...</b>  <p>...we have received advice from a medical / official source that my child must resume shielding</p>	<b>Action needed</b> <ul style="list-style-type: none"> <li>Child shouldn't attend school</li> <li>Contact school as advised by attendance officer / pastoral team</li> <li>Child should shield until you are informed that restrictions are lifted and shielding is paused again</li> </ul>	<b>Back to school / other agencies inform you that restrictions have been lifted and your child can return to school again</b> ...when school / other agencies inform you that restrictions have been lifted and your child can return to school again
<b>What to do if...</b>  <p>...I am not sure who should get a test for COVID -19 (coronavirus)</p>	<b>Action needed</b> <ul style="list-style-type: none"> <li>Only people with symptoms* need to get a test</li> <li>People without symptoms are not advised to get a test, even if they are a 'close contact' of someone who tests positive</li> </ul>	<b>Back to school / other agencies inform you that restrictions have been lifted and your child can return to school again</b> ...when conditions above, as matching your situation, are met

For further information:  
[www.gov.uk/backtoschool](http://www.gov.uk/backtoschool)

\* Symptoms include at least one of a high temperature; a new continuous cough; a loss of or change to your sense of smell or taste. See more at:  
[www.nhs.uk/conditions/coronavirus-covid-19/symptoms](http://www.nhs.uk/conditions/coronavirus-covid-19/symptoms)

Following on from a very successful parent talk in January of this year, the School is delighted to announce a further talk for parents by one of the UK's leading experts on parental engagement in children's lives and learning. Dr Kathy Weston is a published author, writer, award winning radio broadcaster and a regular speaker at educational events across the UK. In this live webinar Dr Weston will look at a range of factors that contribute to family resilience and how to help our children navigate some of the challenging circumstances they face. Her advice is backed up by extensive research but is delivered in an informative and engaging manner. In essence, it will provide simple, clear advice to help your children flourish in school and life. If you are interested in attending, you can find out more below or register for the event here: <http://bit.ly/DrKathyWeston> (Please note that a charge of £3 will be added to your termly extras bill as a contribution towards the cost of the session).

Mr Sawyer



Click [here](http://bit.ly/DrKathyWeston) to register in advance for the webinar.

In this live webinar, Dr Kathy Weston will give evidence-based tips on how to think about family resilience during challenging times, such as ongoing COVID-19 Crisis.

Dr Weston will look at factors that contribute to family resilience and practical steps that parents can take to help children become emotionally resilient. She discusses the relationship between resilience and academic achievement in general and touches upon the issue of digital resilience. She will talk about how to build positive self-esteem and how to give your child the tools they need to cope with failure.

She will discuss topics such as parental and child anxiety, adaptive strategies for coping, how best to manage the transition back to school after long periods of home learning and how thinking 'outside the box' can help children thrive at the current time.

Dr Weston will use the recent evidence-based tips, to give you the tools you need to support your family.

Places will be allocated strictly in order of registration so be sure to register now to save your space. Click [here](http://bit.ly/DrKathyWeston) to register in advance for the webinar.

For more information about Dr Weston please visit her website [here](http://www.drkathyweston.com).

## Reminders

### After School Care

If you need to make any late changes to your after school arrangements, please contact [Miss Richardson](#) or [Miss Algate](#).

Mr Stone

### Headphones

Please could children bring in a pair of headphones or earphones. These are to remain in drawers and be used when children are working on particular activities on Chromebooks.

Mr Stone

Yarm School has recently become part of Parent Zone's Digital Schools Membership programme, recognising our commitment to keeping our pupils safer online and making sure we work with you to achieve this.

## Key Dates for the Autumn Term

<b>Mon 12/10</b>	Parent consultations via Google Meet this week
<b>Wed 14/10</b>	Y5/6 Poetry Competition (1.40pm)
<b>Thu 15/10</b>	Pre-Prep Halloween Day
<b>Fri 16/10</b>	Half-term begins after school After school care as usual
<b>Mon 2/11</b>	Pupils return
<b>Wed 4/11</b>	School Council (1pm)
<b>Wed 11/11</b>	Remembrance Assemblies Curiosity Emporium (1pm)
<b>Fri 13/11</b>	Flu immunisations for Y1-6
<b>Mon 16/11</b>	Anti-Bullying Week

## Parent Zone—Free for parents!

Our Digital Schools membership gives you FREE access to Parent Zone's Parent Lounge with:

- Online training;
- Expert advice and information on all things digital;
- Access to a free help service for all of your tech questions.

To get started, go to: <https://parentzone.org.uk/parents/discover-parent-lounge>

- Click on ENTER PARENT LOUNGE
- Click on the pink ADD TO CART button
- On the next page click CHECKOUT. You'll be

asked to enter your email address.

On the next page you will need to enter the coupon code YarmSchool to ensure you have free access. Please click ADD COUPON once the code has been entered. The code gives you a 100% discount.

I cannot recommend the Parent Zone service highly enough. In this day and age, when we are teaching the children how to be good online citizens and how to stay safe online, it is imperative that parents are in the loop too. Parent Zone offers this support.

Mr Stone

## Awards and Celebrations Assemblies

We held our values and endeavour certificate assemblies last Friday. Our congratulations to all of the children who have received an award!

Form	Values	Endeavour
3A	Miles P.	Violet F.
3C	Thomas S.	Eric PF.
3D	Aphelia S.	Lolwa S.
4J	Emma A.	Noah A.
4N	Dorothy W.	Sumedha K.
4P	Olivia J.	Marawan S.
5B		Lily C.
5P	Thomas P.	Neev S.
5W	Felicia J.	Yuhe T.
6G	Janvi C.	Amelie S.
6H	Seren A.	Ruby K.
6L	Amirah A.	Teddy L.

## Parent Curriculum Information Site

<http://bit.ly/yarmpreparents>

The new parent curriculum information site will contain overviews and guidance booklets for English and mathematics, in addition to other links and curriculum details. It will be updated regularly so do keep checking back!

Mrs Pawluk

The answer to the Head's Challenge from  
last time was: GA fish.